

Reminders

- **ALL coaches must have a Valid Volunteer ID badge displayed to be eligible to coach on the field.**
- **Coaches, staff, and players must conduct a daily screening for COVID-19 symptoms prior to coming to the facility.**
- **Practices and games will adhere to the current Executive Order and follow current CDC, state, and local guidance relative to physical distancing, use of face masks, and sharing of equipment.**
- **Players, parents, and spectators provide their own hand sanitizers.**
- **No use of sunflower seeds, gum, or other similar products.**
- **Teams will not be allowed on their game field until 15 minutes prior to game time to prevent large congregations or players, teams, and spectators.**
- **All Passing with no hand offs, laterals, or screen passes.**
- **No Blocking.**
- **Offensive teams can use their own approved balls for game play.**
- **No interception run backs.**
- **No pockets, belt loops, belts, or zippers. No tape-ups, cover ups, or inside out.**
- **No jewelry.**
- **Mouthpiece is mandatory for all players.**
- **Hood shirts/sweatshirts are not allowed.**
- **Wearing a cast of any type (soft or hard) is illegal.**
- **The QB is the only player allowed to carry a towel from the front waist.**

