

GREAT NECK RECREATION CENTER

WEEKLY GYM SCHEDULE

June 1st - June 16th

Day	Time	Program	Gym #
Monday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 1:00 pm	Open Gym	1
	9:00 am - 12:30 pm	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	Open Gym	1 & 2
	4:00 pm - 5:00 pm	OST After School Camp	2
	5:00 pm - 6:30 pm	Beach Body Workout	2
	4:00 pm - 6:30 pm	Open Gym	1
7:00 pm - 9:15 pm	18+ Adult Soccer (Sign up at 6:30pm)	1 & 2	
Tuesday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 11:30 am	Open Gym	1
	8:30 am - 11:30 am	SilverSneakers	2
	11:30 am - 4:00 pm	Open Gym	1 & 2
	4:00 pm - 5:00 pm	Open Gym	1
	4:00 pm - 5:00 pm	OST After School Camp	2
	5:00 pm - 6:30 pm	Open Gym	1 & 2
7:00 pm - 9:15 pm	18+ Adult Basketball (Sign up at 6:30pm)	1 & 2	
Wednesday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 1:00 pm	Open Gym	1
	9:00 am - 12:30 pm	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	Open Gym	1 & 2
	4:00 pm - 5:00 pm	OST After School Camp	2
	5:00 pm - 9:30 pm	Open Gym	1 & 2
Thursday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 11:30 am	Open Gym	1
	8:30 am - 11:30 am	SilverSneakers	2
	11:30 am - 4:00 pm	Open Gym	1 & 2
	4:00 pm - 5:00 pm	Open Gym	1
	4:00 pm - 5:00 pm	OST After School Camp	2
	5:00 pm - 6:30 pm	Open Gym	1 & 2
7:00 pm - 9:15 pm	18+Adult Basketball (Sign up at 6:30pm)	1 & 2	
Friday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 1:00 pm	Open Gym	1
	9:00 am - 12:30 am	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	Open Gym	1 & 2
	4:00 pm - 8:45 pm	Open Gym	1
	5:00 pm - 5:30 pm	Open Gym	2
	6:00 pm - 8:30 pm	18+ Adult Badminton	2
Saturday	9:00 am - 4:45 pm	Open Gym	1&2
Sunday	11:15 am - 1:30 pm	35+ Basketball	1 & 2
	1:30 pm - 4:45 pm	Open Gym	1 & 2

Gym schedule subject to change. Please refer to gym office for posted signage.

GREAT NECK RECREATION CENTER

WEEKLY GYM SCHEDULE

June 17th - 30

Day	Time	Program	Gym #
Monday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 5:00 pm	Open Gym	1
	9:00 am - 12:30 pm	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	OST Summer Camp	2
	4:00 pm - 5:00 pm	Open Gym	1
	5:00 pm - 6:30 pm	Open Gym	1 & 2
	7:00 pm - 9:15 pm	18+ Adult Soccer (Sign up at 6:30pm)	1 & 2
Tuesday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 11:30 am	Open Gym	1
	8:30 am - 11:30 am	SilverSneakers	2
	11:30 am - 6:30 pm	Open Gym	1 & 2
	7:00 pm - 9:15 pm	18+ Adult Basketball (Sign up at 6:30pm)	1 & 2
Wednesday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 4:00 pm	Open Gym	1
	9:00 am - 12:30 pm	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	OST Summer Camp	2
	4:00 pm - 9:15 pm	Open Gym	1 & 2
Thursday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 11:30 am	Open Gym	1
	8:30 am - 11:30 am	SilverSneakers	2
	11:30 am - 6:30 pm	Open Gym	1 & 2
	7:00 pm - 9:15 pm	18+Adult Basketball (Sign up at 6:30pm)	1 & 2
Friday	6:00 am - 8:30 am	Walk Program	1 & 2
	8:30 am - 4:00 pm	Open Gym	1
	9:00 am - 12:30 am	Pickleball (ages 14 and up)	2
	1:00 pm - 4:00 pm	OST Summer Camp	2
	4:00 pm - 8:45 pm	Open Gym	1
	4:00 pm - 5:30 pm	Open Gym	2
	6:00 pm - 8:30 pm	18+ Adult Badminton	2
Saturday	9:00 am - 4:45 pm	Open Gym	1&2
Sunday	11:15 am - 1:30 pm	35+ Basketball	1 & 2
	1:30 pm - 4:45 pm	Open Gym	1 & 2

June 24th - 28th Nerf Battle Sports & More will be conducted in Gym 1 from 9am-12:30 pm M-F.

Gym schedule subject to change. Please refer to gym office for posted signage.