



# GYM SCHEDULE

WILLIAMS FARM RECREATION CENTER

## Fall Gym Schedule

DAY	TIME	PROGRAM	GYM #
MONDAY	5:00 am – 7:45 am	Open Gym	1 & 2
	7:45 am – 11:45 am	Adult Pickleball	2
	7:45 am – 10:00 am	Open Gym (No Full Court)	1
	10:15 am – 11:15 am	Group Fitness Classes	1
	11:15 am – 12:15 pm	Early Childhood Program	1
	12:00 pm – 12:30 pm	Open Gym (No Full Court)	2
	12:15 pm – 5:15 pm	Open Gym	1 & 2
	5:15 pm – 8:00 pm	Open Gym (All ages) No Full Court	1
	5:30 pm – 8:00 pm	Adult Badminton	2
TUESDAY	5:00 am – 10:00 am	Open Gym	1 & 2
	10:00 am - 11:15 am	Silver Sneakers Class	1
	10:00 am – 12:15 pm	Open Gym (No Full Court)	2
	11:15 am – 12:15 pm	Early Childhood Program	1
	12:15 pm – 5:30 pm	Open Gym	1 & 2
	5:30 pm – 8:00 pm	Adult Basketball (sign ups 5:30, begin play at 6:00)	1 & 2
WEDNESDAY	5:00 am – 7:45 am	Open Gym	1 & 2
	7:45 am – 11:45 am	Adult Pickleball	2
	7:45 am – 11:15 am	Open Gym (No Full Court)	1
	11:15 am – 12:15 pm	Early Childhood Program	1
	12:15 pm – 5:15 pm	Open Gym	1 & 2
	5:30 pm – 8:00 pm	Adult Badminton	2
	5:15 pm – 8:00 pm	Open Gym (All Ages) No Full Court	1
THURSDAY	5:00 am – 10:00 am	Open Gym	1 & 2
	10:00 am – 11:15 am	Silver Sneakers Class	1
	10:00 am – 12:15 pm	Open Gym (No Full Court)	2
	11:15 am – 12:15 pm	Early Childhood Program	1
	12:15 pm – 5:30 pm	Open Gym	1 & 2
	5:30 pm – 8:00 pm	Adult basketball (sign ups 5:30, begin play at 6:00)	1 & 2
FRIDAY	5:00 am – 7:45 am	Open Gym	1 & 2
	7:45 am – 11:45 am	Adult Pickleball	2
	7:45 am – 11:15 pm	Open Gym (No Full Court)	1
	11:15 am – 12:15 pm	Early Childhood Program	1
	11:45 am – 12:15 pm	Open Basketball (No Full Court)	2
	12:15 pm – 8:00 pm	Open Gym	1 & 2
SATURDAY	9 am – 12:00 pm	Open Gym (No Full Court)	1
	9:00 am – 12:00 pm	Family Badminton (14 and up)	2
	12:00 pm – 4:45 pm	Open Gym	2
SUNDAY	11 am – 1:30 pm	Adult Basketball (sign ups 11 am, begin play at 11:30 am)	1 & 2
	1:30 pm – 4:45 pm	Open Gym (All Ages)	1 & 2