



PRINCESS ANNE RECREATION CENTER  
**Winter 2022**

DAY	TIME	PROGRAM	GYM #
<b>MONDAY</b>	5:00 am – 8:00 am	Open Gym / Walk Program	1 & 2
	8:00 am – 10:00 am	Open Gym	1
	8:15 am – 9:15 am	Fitness Class - Body Pump	2
	9:30 am – 12:00 pm	Open Gym	2
	10:00 am – 11:00 am	Early Childhood	1
	11:00 am – 12:00 pm	Open Gym	1
	12:00 pm – 2:00 pm	Adult Basketball (2 courts)	1 & 2
	2:00 pm – 8:00 pm	Open Gym	1 & 2
<b>TUESDAY</b>	5:00 am – 9:15 am	Open Gym / Walk Program	1 & 2
	9:15 am – 10:00 am	Open Gym	1
	9:15 am – 10:15 am	Fitness Class - Zumba	2
	10:00 am – 10:30am	Early Childhood	1
	10:30 am – 11:30am	Chair Yoga	2
	10:30 am – 11:30 am	Closed	1
	11:30 am – 12:45 pm	Open Gym	1 & 2
	12:45 pm – 5:30 pm	Open Gym	1
	1:00 pm – 3:45 pm	Pickleball	2
	4:00 pm – 5:30 pm	Open Gym	2
	5:45 pm – 6:45 pm	Fitness Class - Boot Camp	2
	6:00 pm – 8:00 pm	16 & Up Volleyball	1
7:00 pm – 8:00 pm	16 & Up Volleyball	2	
<b>WEDNESDAY</b>	5:00 am – 8:00 am	Open Gym / Walk Program	1 & 2
	8:00 am – 10:00 am	Open Gym	1
	8:15 am – 9:15 am	Fitness Class – Body Pump	2
	9:45 am – 10:45 am	Fitness Class – Silver Sneakers	2
	10:00 am – 10:30 am	Early Childhood	1
	11:00 am – 12:00 pm	Open Gym	1 & 2
	12:00 pm – 2:00 pm	Adult Basketball (2 courts)	1 & 2
	2:00 pm – 6:00 pm	Open Gym	1 & 2
6:00 pm – 8:00 pm	Adult Basketball	1 & 2	
<b>THURSDAY</b>	5:00 am – 10:00 am	Open Gym / Walk Program	1 & 2
	10:00 am – 11:00 am	Early Childhood	1
	10:00 am – 10:45 am	Open Gym	2
	11:00 am – 12:00 pm	Fitness Class - Zumba	2
	11:00 am – 8:00 pm	Open Gym	1
	11:00 am – 12:45 pm	Open Gym	2
	1:00 pm – 4:30 pm	Pickleball	2
	4:45 pm – 7:45 pm	Badminton	2
<b>FRIDAY</b>	5:00 am – 9:15 am	Open Gym / Walk Program	1 & 2
	9:15 am – 10:00 am	Open Gym	1
	10:00 am – 10:45am	Early Childhood	1
	9:30 am – 10:30 am	Fitness Class – Body Pump	2
	10:45 am – 11:45 am	Closed	1
	10:45 am – 11:45 am	Fitness Class – Stretch & Relax	2
	11:45 am – 8:00 pm	Open Gym	1
	12:00 pm– 5:15 pm	Open Gym	2
5:30 pm – 8:00 pm	Beginner Pickleball	2	
<b>SATURDAY</b>	9:00 am – 12:00 pm	Badminton	2
	9:45 am – 10:45 am	Fitness Class - Boot Camp	1
	11:00 am – 4:45 pm	Open Gym	1
	12:15 pm – 4:45 pm	Open Gym	2
<b>SUNDAY</b>	11:00 am – 1:00 pm	Pickleball	2
	11:00 am – 4:45 pm	Open Gym	1
	1:00 pm – 4:45 pm	Open Gym	2

*Schedule subject to change to accommodate camps, classes, events, rentals, and maintenance*

Updated: 1/7/22