

OCTOBER 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Eligibility Swims (If needed) 5:45pm & 7:00pm	20	21 Eligibility Swims (If needed) 5:45pm & 7:00pm	22	23	24
25 Swim League Prep Clinic 130pm & 245pm	26 Parent's Meeting 6:30pm WebEx Virtual Meeting	27	28	29	30	31

Date Reminders:

Eligibility Swims (only for those who need it for this season)

October 19th or 21st

Swim League Prep Clinic October 25th

Parents' Virtual Meeting October 26th

Billy Campbell

2521 Shorehaven Dr.
Phone 757-385-5940
WCampbel@VBgov.com
VBgov.com/swim

Coaches:
Roby Hudgins
Morgan Thomas
Natalie Kester

NOVEMBER 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Practice 5:45pm & 7:00pm	3	4 Practice 5:45pm & 7:00pm	5	6	7
8	9 Practice 5:45pm & 7:00pm	10	11 No Practice	12	13	14
15	16 Practice 5:45pm & 7:00pm	17	18 Practice 5:45pm & 7:00pm	19	20	21 Team Clinic: "5:45p" Practice Group @ 9:00am "7:00p" Practice Group @ 11:00am
22	23 Practice 5:45pm & 7:00pm	24	25 No Practice	26	27	28
29	30 Practice 5:45pm & 7:00pm					

Date Reminders:

No Practice November 11 & 25

Billy Campbell

2521 Shorehaven Dr.
Phone 757-385-5940
WCampbel@VBgov.com
VBgov.com/swim

What a swimmer needs to bring to a practice and clinic:

- Membership card
- Bathing suits and/or trunks.
- Goggles
- Cap
- More than one towel
- Team Spirit!



DECEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Practice 5:45pm & 7:00pm	3	4	5
6	7 Practice 5:45pm & 7:00pm	8	9 Practice 5:45pm & 7:00pm	10	11	12 Team Clinic: "5:45p" Practice Group @ 9:00am "7:00p" Practice Group @ 11:00am
13	14 Practice 5:45pm & 7:00pm	15	16 Practice 5:45pm & 7:00pm	17	18	19
20	21 Holiday Fun Practice 5:45pm & 7:00pm	22	23 No Practice	24	25	26
27 No Practice	28	29	30 No Practice	31		

What is the Holiday fun practice?

At the holiday fun practice there are activities set up for the swimmers to enjoy. Diving from the diving board, playing water polo, and an assortment of fun relay races may be expected.

Date Reminders

No practice December 23rd through January 3rd

Billy Campbell

2521 Shorehaven Dr.
Phone 757-385-5940
WCampbel@VBgov.com
VBgov.com/swim

What a swimmer needs to bring to a practice and clinic:

- Membership card ● Bathing suits and/or trunks. ● Goggles ● Cap
- More than one towel ● Team Spirit!



JANUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Practice 5:45pm & 7:00pm	5	6 Practice 5:45pm & 7:00pm	7	8	9
10	11 Practice 5:45pm & 7:00pm	12	13 Practice 5:45pm & 7:00pm	14	15	16
17	18 No Practice	19	20 Practice 5:45pm & 7:00pm	21	22	23
24	25 Practice 5:45pm & 7:00pm	26	27 Practice 5:45pm & 7:00pm	28	29	30 Team Clinic: "5:45p" Practice Group @ 9:00am "7:00p" Practice Group @ 11:00am
31						

Date Reminders
No Practice Jan 18th

Billy Campbell
2521 Shorehaven Dr.
Phone 757-385-5940
WCampbel@VBgov.com
VBgov.com/swim

What a swimmer needs to bring to a practice and clinic:

- Membership card
- Bathing suits and/or trunks.
- Goggles
- Cap
- More than one towel
- Team Spirit!

FEBRUARY 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8 Practice 5:45pm & 7:00pm	9	10 Practice 5:45pm & 7:00pm *Last practice of the season	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

Date Reminders
Last Practice February 10th

Billy Campbell
2521 Shorehaven Dr.
Phone 757-385-5940
WCampbel@VBgov.com
VBgov.com/swim

What a swimmer needs to bring to a practice and clinic:

- Membership card ● Bathing suits and/or trunks. ● Goggles ● Cap
- More than one towel ● Team Spirit!