

“Setting a goal is not the main thing. It is deciding how you will go about achieving it and staying with that plan.”

- Sparky Anderson



NOVEMBER 2020

NOTES:

Please have swimmers ready to swim . Locker rooms will be available with limited availability.

September 21 Clinic @ PA

Check in will begin at 9am for the first practice group.

Check in will begin at 12am for the second practice group.

What to expect

- Screening before entering Facility
- All must wear Face coverings
- Maintain Physical distancing
- Have swimmers dressed ready to swim
- Enter via the side entrance doors by the shallow end.
- Dress appropriately= layers for you and swimmers
- Locker rooms will have limited availability.

Please do not bring any chairs. One (1) parent per family may sit on bleachers available on pool deck.

Date Reminder

No Practice Nov 26

Teresa Weissman, Rec Spec 1 141 S
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Saving	2	3	4	5 First Night of Practice!	6	7 Practice 9:00am and 10:15am
8	9	10 Practice	11 	12 Practice	13	14
15	16	17 Practice Meet Week-Free and Breast	18	19 Practice Meet week Back and Fly	20	21 Seatack Sharks Clinic @ PA
22	23	24 Practice	25	26 CLOSED 	27	28
29	30					

“Always make a total effort, even when the odds are against you.”-Arnold Palmer



DECEMBER 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

December 12 Clinic @ PA

Check in will begin at 9am for the first practice group.

Check in will begin at 12am for the second practice group.

What to expect

- Screening before entering Facility
- All must wear Face coverings
- Maintain Physical distancing
- Have swimmers dressed ready to swim
- Enter via the side entrance doors by the shallow end.
- Dress appropriately= layers for you and swimmers
- Locker rooms will have limited availability.

Please do not bring any chairs. One (1) parent per family may sit on bleachers available on pool deck.

What is the Holiday fun practice?

At the holiday fun practice we will have goal setting for the season. There will an assortment of different fun activities while keeping the social distancing.

REMINDER: No practice December 24th through January 1st.





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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		Practice		Practice		
6	Pearl Harbor Remembrance Day 7	8	9	10	11	12
		Practice Meet Week-Free and Breast		Practice Meet Week-Back and Fly		Clinic @ PA
13	14	15	16	17	18	19
		Practice		Holiday Practice During normal practice		
20	21	22	23	24	Cloud 25	26
		Practice		No Practice	 Merry Christmas	 KWANZAA
28	29	30	31			
		No Practice	No Practice New Years Eve			
						

Don't practice until you get it right. Practice until you can't get it wrong.

-- Anonymous



JANUARY 2021

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

January 30 Clinic @ PA

Check in will begin at 9am for the first practice group.

Check in will begin at 12am for the second practice group.

What to expect

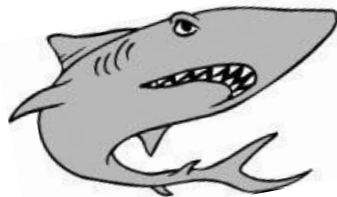
- Screening before entering Facility
- All must wear Face coverings
- Maintain Physical distancing
- Have swimmers dressed ready to swim
- Enter via the side entrance doors by the shallow end.
- Dress appropriately= layers for you and swimmers
- Locker rooms will have limited availability.

Please do not bring any chairs. One (1) parent per family may sit on bleachers available on pool deck.

Swim on for Safety:

- * Swim during practice Jan 12;
- * Turn in all money by Jan 29.

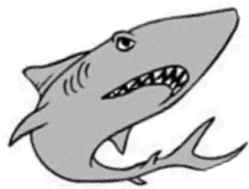
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						CLOSED 1	2
						HAPPY NEW YEAR	
3	4	5	6	7	8	9	
		Practice		Practice			
10	11	12	13	14	15	16	
		Practice SOS Tread		Practice			
17	18	19	20	21	22	23	
		Practice		Practice	Belly Laugh Day!		
24	25	26	27	28	29	30	
		Practice Meet Week-Free and Breast		Practice Meet week- back and fly	Money is due for the SOS Tread	Clinic @ PA	
31							

"Victory is in having done your best. If you've done your best, you've won."

- Bill Bowerman



NOTES

Want your children to continue with water sports?

The Diving and Water Polo leagues begin in March at GN, KV, and BS. If you have any questions about the leagues, please speak with a supervisor.

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FEBRUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		Practice Groundhog Day		Last Practice!		
7	8	9	10	11	12	13
					Lincoln's Birthday	
14	15	16	17	18	19	20
Valentine's Day		Mardi Gras				
22	23	24	25	26	27	28