

TR VIRTUAL PROGRAMS

Starting Jan 2021



ABILITY BUILDERS

Tues & Thu 9:30-12pm, Jan 26 - Apr 22
Ages 21+, \$120 No program 4/6 & 4/8



ARTS AT HOME: LET'S DRAW

Tuesdays 3-4pm, Jan 19 - Feb 23
Ages 18+, \$15



CHAIR ONE FITNESS

Wed & Thu 5:30-6pm, Jan 20 - Feb 25
Ages 13+, \$25



FIT IN MOTION

Tues & Thu 5:30-6:30pm, Jan 19 - Feb 25
Ages 10+, \$48



SOCIAL HOUR

Fri 6:30-7:30pm, Jan 29 - Apr 2
Ages 14+, FREE



BOOK BUDDIES

Dates & Times Vary
Ages 4-12, FREE

757-385-5990

prtherapeuticrecreation@vbgov.com

To learn more & to register, visit us
at vbgov.com/tr

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PARKS & RECREATION

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