## Community Assistance:
### A Local Resource Listing

**State Agencies (continued)**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid</td>
<td>804-786-793</td>
</tr>
<tr>
<td>Social Services, Regional Office</td>
<td>491-3990</td>
</tr>
<tr>
<td>Vital Statistics (birth certificate)</td>
<td>804-772-4200</td>
</tr>
<tr>
<td><strong>Substance Abuse Services</strong></td>
<td></td>
</tr>
<tr>
<td>Alcoholics Anonymous, Virginia Beach</td>
<td>490-3980</td>
</tr>
<tr>
<td>Diminution Services for All People (for women)</td>
<td>760-5922</td>
</tr>
<tr>
<td>Drug Activity Report Hotline</td>
<td>800-553-3673</td>
</tr>
<tr>
<td>Medical Detox/Recovery Center</td>
<td>385-6950</td>
</tr>
<tr>
<td>Mental Health Substance Abuse V (s Beach)</td>
<td>385-0888</td>
</tr>
<tr>
<td>New Bridges Outpatient Rehabilitation Center</td>
<td>455-8283</td>
</tr>
<tr>
<td>Rehabilitative Services</td>
<td>638-8440</td>
</tr>
<tr>
<td><strong>Support Groups</strong></td>
<td></td>
</tr>
<tr>
<td>Alzheimer’s Association</td>
<td>459-2405</td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>American Heart Association</td>
<td>800-242-0872</td>
</tr>
<tr>
<td>American Lung Association</td>
<td>877-843-2123</td>
</tr>
<tr>
<td>Arthritis Foundation</td>
<td>800-456-4687</td>
</tr>
<tr>
<td><strong>BASICS (MH teens/family education)</strong></td>
<td>385-0802</td>
</tr>
<tr>
<td>Breast Cancer Support Group</td>
<td>552-7200 / 398-2447</td>
</tr>
<tr>
<td>Care &amp; Share (MH, family and friends group)</td>
<td>499-2041</td>
</tr>
<tr>
<td>Caregiver’s Support Group, VB</td>
<td>835-0802</td>
</tr>
<tr>
<td>Chesapeake General Caregiver’s Support Gpr</td>
<td>312-8121</td>
</tr>
<tr>
<td><strong>Chesapeake Charities</strong></td>
<td>456-2366</td>
</tr>
<tr>
<td><strong>Diabetes Support Group</strong></td>
<td>363-6834</td>
</tr>
<tr>
<td>Eating Disorder/Eden Counseling Center</td>
<td>466-3336</td>
</tr>
<tr>
<td>FOCUS (consumer support group)</td>
<td>270-3751</td>
</tr>
<tr>
<td>Grandparents as Parents</td>
<td>467-7707x502</td>
</tr>
<tr>
<td><strong>MESA (MH, family education)</strong></td>
<td>385-0802</td>
</tr>
<tr>
<td>Multiple Sclerosis</td>
<td>490-9627</td>
</tr>
<tr>
<td>NAMI of VB (mental health services)</td>
<td>499-2041</td>
</tr>
<tr>
<td>Parkinson’s Disease Group</td>
<td>495-3062</td>
</tr>
<tr>
<td>Parkinson’s Support Group</td>
<td>424-4696</td>
</tr>
<tr>
<td>Peer to Peer (mental health education)</td>
<td>385-0801</td>
</tr>
</tbody>
</table>

## Transportation Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Catholic Charities</strong></td>
<td>490-4931</td>
</tr>
<tr>
<td><strong>HandiRide</strong></td>
<td>222-6087</td>
</tr>
<tr>
<td><strong>HRT</strong></td>
<td>222-6000</td>
</tr>
<tr>
<td><strong>Lee’s Friends</strong></td>
<td>440-7501</td>
</tr>
<tr>
<td><strong>Logistics</strong></td>
<td>866-386-8331</td>
</tr>
<tr>
<td>Operation Homefront</td>
<td>800-281-1951</td>
</tr>
<tr>
<td>Senior Navigator</td>
<td>866-393-9957</td>
</tr>
<tr>
<td>Senior Services of Southeastern VA</td>
<td>461-9481</td>
</tr>
<tr>
<td>Up Center, The</td>
<td>622-7017</td>
</tr>
</tbody>
</table>

## Utility Assistance

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Church of the Holy Family (utilities/rent)</td>
<td>481-3492</td>
</tr>
<tr>
<td><strong>Energy Share/Salvation Army</strong></td>
<td>543-8100</td>
</tr>
<tr>
<td>Operation Homefront</td>
<td>800-281-1951</td>
</tr>
<tr>
<td><strong>United Way</strong></td>
<td>599-3826</td>
</tr>
<tr>
<td><strong>Salvation Army</strong></td>
<td>455-9677</td>
</tr>
<tr>
<td>STOP Organization</td>
<td>858-1360</td>
</tr>
<tr>
<td><strong>Energy Assistance Program, Virginia Beach</strong></td>
<td>385-3200</td>
</tr>
</tbody>
</table>

## Can’t find the service you need? Dial 2-1-1 for assistance.


When printing this document, use 8 1/2 x 11 paper.

Revised 3/2014

Provided to the Community by:

**CITY OF VIRGINIA BEACH**

Human Services Department
3432 Virginia Beach Boulevard
Virginia Beach, Virginia 23452
Phone: (757) 385-3200
Fax: (757) 385-3311
Website: www.vbgov.com/hs

### Community Resource Listing

**Alcohol and Drug Treatment**
- Mental Health Substance Abuse (MHSA), Intake Services: 385-0888
- Methadone Clinic (Virginia Beach): 437-0411
- Methadone Outpatient Referral Center: 455-8833
- Rehabilitation Services: 683-8440

**Cell Phone Assistance**
- SafeLink (for citizens receiving SNAP): 800-977-3768

**Clothing Resources**
- Catholic Charities (newborns): 490-4931
- Free Will Baptist Church: 499-9686/3356

**Employment Services**
- Employment Services (continued):
  - Step Up, Inc.: 588-3151
  - VA Dept. of Aging & Rehabilitative Services: 451-7101

**Financial Assistance**
- Housing Assistance:
  - Better Business Bureau: 531-1300
  - Immigration Office: 800-375-5283
  - Social Security Administration: 800-772-1213
  - Social Security Office, Virginia Beach: 888-377-5237
  - United Way: 1-800-230-6977
  - Women, Infants & Children (WIC): 518-2789

**Food Assistance**
- Church of the Holy Family: 481-3492
- Compassion Center: 428-3277
- Eastern Shore Catholic Church: 428-2463
- Food Bank of Southeastern Virginia (Norfolk): 627-5699
- Food Stamp Program (Virginia Beach): 385-3200
- Home Delivered Meals: 461-5944

**Health Services Programs**
- Health Services Programs (continued):
  - Little Neck Medical Center (Medicaid): 502-8966
  - Medicaid (DMAS): 804-766-7933
  - Medicaid Hotline: 800-552-5724
  - Patient Advocate Foundation: 800-532-5274
  - Practice, The (Medicaid): 301-6964
  - Samarita Protection Services: 363-6100
  - Sentara Community Support Groups and Outreach Programs: 800-736-8272
  - Smiles for Children Program: 866-8530567

**Healthcare**
- Little Neck Medical Center (Medicaid): 502-8966
- Medicaid (DMAS): 804-766-7933
- Medicaid Hotline: 800-552-5724
- Patient Advocate Foundation: 800-532-5274
- Practice, The (Medicaid): 301-6964
- Samarita Protection Services: 363-6100
- Sentara Community Support Groups and Outreach Programs: 800-736-8272
- Smiles for Children Program: 866-8530567

**Housing Services/Shelters**
- Connection Point (Virginia Beach Housing Dept): 227-5932
- Dwelling Place: 624-9879
- Friends of the Homeless: 982-0012
- Geneve Battered Women’s Shelter: 925-4365
- Haven House, FORKIDS, Inc.: 664-3000
- HER Shelters: 485-3384
- Lighthouse Center: 437-4911
- Loving and Caring for the Homeless: 430-4101
- Salvation Army Men’s Shelter: 620-2347
- Salvation Army Women’s Shelter: 543-8100
- Salvation House: 498-4673 (boys) / 306-1840 (girls)

**Hospitals**
- Transitions Shelter: 723-7774
- Union Mission: 723-0642
- Volunteers of America: 437-4911

**Insurance**
- Day Support / Winter Shelter (Oct-Apr):

**Legal Service**
- Legal Aid (Virginia Beach): 827-5070
- Legal Aid of Virginia: 672-5423
- Pro-Bono & Public Services: 552-0369
- Senior Law Center: 727-6100

**Legal Services**
- Access AIDS Care: 640-0-299
- Beach Health Clinic: 428-5601
- Catholic Charities: 467-7707
- Chesapeake Care Free Clinic: 545-5700
- Crisis Pregnancy Centers: 499-4444 / 499-9367
- Eastern Virginia Aids Network: 531-1317
- Family Access to Medical Ins. (FAMIS): 866-873-2647
- FNU Healthcare, Inc.: 271-9111
- Hampton Roads Medical Center (Virginia Beach): 518-2700
- Lions Club (Virginia Beach): 373-1407
- Lions Medical Eye Bank & Research: 388-2020

### Mental Health Services
- Mental Health Substance Abuse (MHSA), Intake Services: 385-0888
- Methadone Clinic (Virginia Beach): 437-0411
- Methadone Outpatient Referral Center: 455-8833
- Rehabilitation Services: 683-8440

**Catholic Charities**
- Catholic Charities: 467-7707
- Catholic Charities Virginia Beach: 499-4931

**Consumer Credit Counseling**
- Consumer Credit Counseling: 424-2060

**Consumer Information/Complaints**
- Consumer Protection: 800-552-9963
- Consumer Information/Complaints: 888-321-5880
- Consumer Protection: 800-552-9963

**Counseling**
- Counseling: 455-9677

**Counseling Services**
- Suicide Hotline: 627-5433
- Teen Runaway Hotline: 498-4357

**Cultural Services**
- City of Virginia Beach: 620-2707

**Customer Service**
- Federal Trade Commission: 877-382-4357

**Credit Counseling**
- Better Business Bureau: 531-1300

**Crime Prevention**
- Crime Prevention Unit: 385-1006

**Credit Counseling**
- Credit Counseling: 455-9677

**Day Support / Winter Shelter (Oct-Apr)**
- Day Support / Winter Shelter (Oct-Apr):

**Domestic Violence**
- Domestic Violence CRISIS: 430-2120

**E-Z Pass**
- E-Z Pass (VDOT): 877-762-7824

**Education/Training**
- Education/Training:

**Emergency Services**
- Family Access to Medical Ins. (FAMIS): 866-873-2647
- FNU Healthcare, Inc.: 271-9111
- Hampton Roads Medical Center (Virginia Beach): 518-2700
- Lions Club (Virginia Beach): 373-1407
- Lions Medical Eye Bank & Research: 388-2020

**Employment Services**
- Employment Services:

**Food Assistance**
- Food Assistance:

**Health Services Programs**
- Health Services Programs (continued):

**Housing Services/Shelters**
- Housing Services/Shelters:

**Hospitals**
- Hospitals:

**Legal Services**
- Legal Services:

**Mental Health Services**
- Mental Health Services:

**Office of the Inspector General**
- Office of the Inspector General:

**Police**
- Police:

**Pro-Bono & Public Services**
- Pro-Bono & Public Services: 552-0369

**Seniors**
- Senior Law Center: 727-6100

**Social Services**
- Social Services:

**Subsidized Housing**
- Subsidized Housing (Virginia Beach):

**Utilities Assistance**
- Utilities Assistance:

**Weather**
- Weather:

**Wic**
- Wic:

**Women, Infants & Children (Wic)**
- Women, Infants & Children (WIC): 518-2789

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**Wic**
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