Mental Health Subs tance Abuse Services

Persons seeking services and family members are encouraged to participate in planning for and evaluating the delivery of those services.

Emergency Services
(757) 385-0888
Immediate telephone and in-person crisis assessment, intervention, and consultation is available 24 hours, seven days a week. Also provides screening for psychiatric hospitalization and crisis stabilization.

Intake Services — Pre-registration
(757) 385-0888
Appointments are arranged to access services provided by the Mental Health Substance Abuse Division.

Adult Correctional Services
(757) 385-2131
Curriculum-based mental health and substance abuse education, relapse prevention, re-entry planning and referrals to community resources. Includes jail diversion, forensic services, restoration to competency, advocacy, discharge planning, and referrals for inmates with serious mental illness.

Adult Day Treatment
(757) 385-4010
Day treatment services are provided five days a week. Group therapy and education are provided for persons with moderate to severe levels of mental illness, substance use, or co-occurring disorders.

Adult Outpatient Services
Pembroke 6 (757) 385-0511
Magic Hollow (757) 385-8222
Treatment services provided for adults 18 and older with mental illness, substance use or co-occurring disorders include: psychiatric evaluations, medication management, individual, family, and group therapy.

Beach House
(757) 385-6930
Psychosocial rehabilitation provided in a clubhouse community that offers meaningful opportunities for work in a structured environment. Open six days a week to include education, employment opportunities and social/recreational activities in a recovery-oriented, empowering atmosphere.

Case Management Services
(757) 385-4297
Assists children, adults and their families with access to medical, psychiatric, social, educational, vocational, financial and other support.

Community Corrections & Pretrial
(757) 385-4689
Provides supervision for adult pretrial defendants and probationers, and coordinates referrals and service delivery for those who need treatment services. Investigations are conducted regarding defendants appearing at arraignment court.

The Harbour
(757) 385-4010
Adult Day Support that provides psycho-educational and skill development activities for consumers. These services help promote self-sufficiency and avoid hospitalization. Participation ranges from one to five days per week, four hours per day.

Office of Consumer and Family Affairs
(757) 385-0800
Provides education classes, support groups, consultation, resource linkage and advocacy for individuals and families affected by mental illness, substance use and co-occurring disorders. Staff coordinates the Virginia Beach Community Trust for people with mental illness.

Prevention Services
(757) 385-0803
Education and information dissemination, mental health promotion, parenting education, and school based programs.

Projects for Assistance in Transition from Homelessness (PATH)
(757) 437-7131
Services are for people with serious mental illness, including those with co-occurring substance use disorders, who are experiencing homelessness or at risk of becoming homeless. Services include community-based outreach, mental health, substance abuse, case management and other support services, as well as a limited set of housing services.

Project LINK
(757) 385-0810
Case management is provided for pregnant and parenting women affected by substance use. Program also provides targeted case management for children ages birth through seven who are at risk for severe emotional disturbance due to parental substance use, mental illness or intellectual disabilities.

Emergency Services
(757) 385-0888
Facility operates 24 hours, seven days a week, providing crisis stabilization for individuals with co-occurring and substance use disorders experiencing a psychiatric crisis. The Recovery Center also provides medical and non-medical withdrawal from alcohol and other drugs, and serves as a link to continuing treatment and services.

Senior Services
(757) 385-8222
Program provides the following services: Geropsychiatric – Southside Geropsychiatric Services provides consultation and medication management to families, Adult Living Facilities, and nursing homes in South Hampton Roads. Adult Respite Care – Adult respite care is offered for adults 60 and over.

Supportive Residential Services
(757) 385-4024
Program provides varying levels of housing options and support services that assist individuals to live in the least restrictive environment while receiving services through the Mental Health Substance Abuse Division.

Mental Health Support Services
(757) 385-4024
Program provides skill building, training and support designed to enable individuals receiving services through the Mental Health Substance Abuse Division to achieve and maintain community integration, stability, and independence in their homes.

Community Based Crisis Stabilization
(757) 385-1600
Provides intensive mental health services for clients who are experiencing an acute psychiatric crisis and are at risk of hospitalization or homelessness. Staff will meet with clients to assist with developing and utilizing coping skills and community supports, to mobilize resources, and to further develop on-going recovery plans. Services may be provided for up to 8 hours per day, 7 days a week, for up to 15 days per crisis episode.
Mission Statement

The Mental Health Substance Abuse Division (MHSA) promotes recovery for Virginia Beach citizens and their families, with or at risk of, mental health, substance use or co-occurring disorders, through an array of coordinated services offering prevention, treatment and community collaboration delivered in a climate of dignity and respect.

The MHSA Division provides these services and more:
- Crisis Intervention and Stabilization
- Counseling
- Day Programs
- Medication Therapy
- Respite
- Employment Services
- Consumer and Family Workshops
- Substance Abuse Prevention
- Detoxification
- Women’s Services

A full list of MHSA programs, services, and contact information can be found online at www.vbgov.com/hs

- Charges for services may be adjusted based on ability to pay
- Approved providers by Medicaid, Medicare and other selected health plans

Licensed by the Virginia Department of Behavioral Health and Developmental Services.

We welcome your comments and suggestions.

Contact the Quality Assurance Office
Phone: (757) 385-0642

Virginia Beach Department of Human Services
Contact Information
Mental Health Substance Abuse Division
(757) 385-0505
Developmental Services Division
(757) 385-0600
Adult and Family Services Division
(757) 437-3200
Financial Assistance Division
(757) 437-3200
Pendleton Child Service Center
(757) 385-4537
Juvenile Detention Center
(757) 385-1220

The Department complies with federal and state laws and regulations protecting confidentiality of health information.

Mental Health Substance Abuse Division
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www.vbgov.com/hs

Mental Health Substance Abuse
A Division of the Virginia Beach Department of Human Services

Promoting Recovery for Virginia Beach Citizens
To register for services or for 24-hour Emergency Services, call (757) 385-0888