

VIRGINIA BEACH COMMUNITY SERVICES BOARD

Department of Human Services

April 30, 2015

8:30 a.m. – 10:30 a.m.

A G E N D A

INFORMAL SESSION

Call to Order by the Chair

Public Comment

Recognition of Crisis Intervention Team (CIT)

Board Presentation – Crisis Intervention Team, Mary Witwer and Sgt. Scott Wichendahl

Adjournment

FORMAL SESSION

Call to Order by the Chair

Introduction of New Board Member

Approval of the Board Minutes

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Committee Reports

- Developmental Services Committee
- Mental Health Substance Abuse Committee
- Executive Committee

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Financial Report

- Year-to-Date
- Crisis Intervention Team

Old Business

- VACSB Conference

New Business

- Mental Health Month Coalition, Angie Hicks

Advocacy Update

Community Education Update

- Parent Connection Workshop with VBCPS, May 2015

Matters of the Director and Staff

- Performance contract, Exhibit B

Matters of the Chair

Other Business

Adjournment

VIRGINIA BEACH COMMUNITY SERVICES BOARD

March 26, 2015

Board Members Present	Board Members Absent	Staff Present
Kay Ashby		Timothy Capoldo
Brian Baldwin		Angie Hicks
Dolores Bartel		Dawn Rykheart
Phillip Black		Aileen Smith
Dr. Linda Bright		Dannette Smith
Luetilla Cuffee	Council Liaison	Alice Testerman
Cindy Harrison		James Thornton
Dr. Joyce Harvey		
Myra Jennings		
Diane Jones	Guests	
Dr. Allen Marsden		
Diana Ruchelman		
Sharon Slipow		

INFORMAL SESSION

Call to Order

The Community Services Board (CSB) Informal Session was called to order at 8:35 a.m. by Chair Diane Jones.

Public Comment

None

Welcome New Board Members

Chair Diane Jones introduced Dr. Allen Marsden and Dr. Joyce Harvey and welcomed them to the Board. Each shared their background with the Board and Board members did the same.

Board Presentation

- Intermediate Care Facilities (ICF), Developmental Services – The presentation was given by Mr. Timothy Capoldo. Progress on the ICF opportunities being implemented will be shared with the Board on a quarterly basis. DS staff meet with family members on a regular basis and have been apprised of the changes. Family often provide feedback to staff. The Board can help by offering feedback and suggestions that staff may not be aware of. It was suggested that the Board use this opportunity to set an advocacy agenda which identifies the struggles/issues and present it to City Council and state legislators. This is also an opportunity to educate City Council and legislators on what it takes to operate ICFs. Ideas that have come forth in terms of hiring nurses: 1) Speak to nursing schools to educate on the ICFs; and, 2) Use ICFs as a training ground for interns.

Adjourn

The Community Services Board Informal Session was adjourned at 9:30 a.m. by Chair Ms. Diane Jones.

FORMAL SESSION**Call to Order**

The Community Services Board (CSB) Formal Session was called to order at 9:30 a.m. by Chair Ms. Diane Jones.

Finance Education

- ICF Finance Primer – The presentation was given by Ms. Dawn Rykheart. A handout was provided to Board members.

Financial Report

- Dawn Rykheart shared the FY-2015 Budget v. Actual as of February 28, 2015. A handout was provided to board members.

Approval of the Board Minutes

A motion was made by Ms. Linda Bright to approve the minutes from the last full Board meeting. The motion was seconded by Ms. Dolores Bartel. A unanimous vote carried the motion forward for approval.

Committee Reports

- **Developmental Services** – Ms. Linda Bright summarized the committee notes.
- **Mental Health and Substance Abuse** – Ms. Kay Ashby summarized the committee notes.
- **Executive Committee** – Ms. Diane Jones summarized the committee notes. It was suggested that CIT could be a topic for Board education.

Old Business

- Statewide Transition Plan CMS Home and Community-based Services – The letter sent to the Department of Medical Assistance Services (DMAS) was provided to Board member via email by Chair Diane Jones. Ms. Jones mentioned the pertinent details within the letter.
- Board Priorities – Chair Diane Jones reviewed the 2015 Board priorities and the actions taken thus far. Ms. Diana Ruchelman will chair an Ad Hoc committee work on Board priorities number 4 and 6: Define Board roles and clarify expectations for CSB members. If interested in sitting on the committee, please contact Ms. Ruchelman.

New Business

- VACSB Conference, May 6-8, 2015, Williamsburg – Give consideration in attending the May conference. If interested, contact Ms. Chris Chandler who will arrange the registration. Ms. Ruchelman will attend May 7 & 8; Ms. Bright will attend May 6; Ms. Jones will contact Ms. Chandler directly.
- 2015 Board Roster Update – Chair Diane Jones requested that Board members provide an update to the roster.
- Intensive Care Coordination (ICC) Case Support Services – Ms. Dawn Rykheart explained the ICC fee schedule to Board members. A motion was made by Ms. Linda

Bright to approve the addition of a new Intensive Care Coordination service called Case Support and establish a fee of \$330 per month, per individual for this service. The motion was seconded by Ms. Sharon Slipow. A unanimous vote carried the motion forward for approval.

Advocacy Update

- CSB Region V Breakfast and Visit with Legislators, February 5, 2015 – Ms. Ruchelman provided an update on the day.
- Update: Legislative Priorities – Governor's Access Plan (GAP), 3 additional PACT Teams in VA, 6 additional CIT drop centers, supportive housing for individuals with Serious Mental Illness (SMI), ID rate increases, and dollars towards child psych. VACSB advocated for language changes in SB1410 and in the emergency custody orders bill.

Community Education Update

- VBCPS Parent Connection Newsletter: CSB Guest Columnist – The article was provided to the board members. The Child and Youth Services (CYS) will present a workshop on the hidden epidemic of social trauma and post-traumatic stress disorder as a follow up to the article. The workshop will be held on May 12, 2015, from 6-8:30 p.m. at the Landstown High School. Educating parents is the key to getting CSB information to a broad audience.

Matters of the Director

None

Matters of the Chair

- Chair Diane Jones offered the VACSB Annual Summary to the Board members.
- City Identification Badges – CSB members are able to obtain a city identification badge that allows access to inter-offices. Ms. Luetilla Cuffee would like to obtain a badge. Four other Board members will need new badges issued.

Other Business

- None

Adjournment

The Community Services Board Formal Session was adjourned at 10:25 a.m. by Chair Ms. Diane Jones.

Virginia Beach Community Services Board Attendance Record
1/1/2015 - 12/31/2015

Name	Appt. Expires	Jan	Feb*	Mar	Apr	May	Jun 26	July	Aug	Sept	Oct	Nov	Dec	Total
Anol, Glacey T.	12-31-17	N/A	N/A	N/A					N/A					
Ashby, Kay	12-31-16	P	N/A	P					N/A					
Baldwin, Brian	12-31-16	P	N/A	P					N/A					
Bartel, Dolores	12-31-16	P	N/A	P					N/A					
Black, Phillip	12-31-16	A	N/A	P					N/A					
Bright, Linda	12-31-17	P	N/A	P					N/A					
Cuffee, Luetilla	12-31-17	P	N/A	P					N/A					
Harrison, Cindy	12-31-15	P	N/A	P					N/A					
Harvey, Joyce B.	12-31-17	N/A	N/A	P					N/A					
Jennings, Myra W.	12-31-17	P	N/A	P					N/A					
Jones, Diane	12-31-16	P	N/A	P					N/A					
Marsden, Allen	12-31-17	A	N/A	P					N/A					
Ruchelman, Diana G.	12-31-15	P	N/A	P					N/A					
Slipow, Sharon	12-31-16	P	N/A	P					N/A					
Vacancy			N/A	N/A					N/A					

* February – no meeting held due to winter weather snow event.

Key: Present (P), Absent (A), Resigned (R)
Revised 2/15: clc

DEVELOPMENTAL SERVICES COMMITTEE MEETING

No meeting was held in April, 2015.

ID COMMITTEE WAIVER WAITING LIST REPORT				
(Movement Report for March 2015)				
Waiver Slot Information				
Number of ID Waiver Slots at the beginning of month		543		
Movement that affects the number of slots we have				
* Number of Facility received during month	0	Received	0	Returned
* Number of MFP slots received during the month	1	Received	0	Returned
* Number transferred from/to another VA board during month	1	From	2	To
Number of new Waiver Slots		0		
Number of ID Waiver slots as of END of the month		543		
Number of Day Support Waiver Slots at the beginning of the month		13		
Movement that affects the number of slots we have				
New slots received from the state		0		
Number of Day Support Waiver Slots at the END of the month		13		
TOTAL NUMBER OF WAIVER SLOTS (ID AND DS COMBINED)		556		
STATUS TOTALS				
Number of active (enrolled)		551		
Number on hold		1		
Number enrolled, with future start date (Projected)		1		
Number to be re-assigned pending appeal		0		
Slots available - not yet enrolled - ID Waiver, DS Waiver, MFP and Children Waiver		3		
ADDITIONAL MONTHLY ACTIVITY NOTATION				
** How many people vacated slot(s) during the month		1		
Was a waiver slot meeting held this month?		yes		
If yes, how many people slots were available?		2		
*** During this month, how many people who had been chosen for waiver activated their slot (became enrolled)?		none		
Urgent & non-Urgent Waiver Waiting List End of Month Totals				
Urgent Status at the beginning of the month		238		
Movement that affects total		1	Added	Deleted
Urgent Status at the END of the month		239		
Number of U receiving limited/temporary <u>city-funded</u> services		35		
Number receiving non-city funded services (e.g. E&D, CIF, School, ESH, EPSDT)		58		
Number receiving no temporary support		146		
Non-Urgent Status at the beginning of the month		87		
Movement that affects total			Added	1 Deleted
Non-Urgent Status at the END of the month		86		
Total of U and NU		325		
Waiver Planning List Totals				
Waiver Planning List at the beginning of the month		3		
Movement that affects total		0	Added	0 Deleted
Waiver Planning List at the beginning of the month		3		
Additional Information:				
* Transfer from another board: one		*Transfer to another board: two		
* New slot: none				
**Vacated slot: one passed away. Slot will be available 4/18/15				
*** Enrolled - ID Waiver: none				
****Enrolled - DS Waiver: none				
*Enrolled Facility - none		* Enrolled - MFP: one		

MENTAL HEALTH SUBSTANCE ABUSE COMMITTEE MEETING

No meeting was held in April, 2015.

MHSA PERSONS SERVED AND WAITING LIST FOR MARCH 2015

PROGRAM	Program Capacity	CURRENT month # of Persons Admitted in Program	Previous month # of Persons Served in Program	CURRENT # of Persons Waiting for Services	Previous # of Persons Waiting for Services	Comments
Adult Correctional Services	Total 279	Total 226	Total 235	Total 19	Total 23	
Forensic Consultation/Discharge Planning		55	64			
ETO/IST Central State Hospital Placements		6	4			
ETO/IST Eastern State Hospital Placements		4	7			
Restoration to Competency		2	2			
Mental Health Supervision Clients	20	2	1			
NGRI Clients		33	33			Marie 2 Piedmont
NGRI Central State Hospital Placements		5	4			Suzi 0, TW 3, Marie 2
NGRI Eastern State Hospital Placements		15	14			SM 13, TW 2 at ESH
Community NGRI clients		11	12			SM 10, plus Privott in jail = 11
Peer Support Specialist Clients						Position Vacant
SOAR Clients		1	2			
Jail Education Services - Male Pod	78	78	78	17	21	
Jail Education Services - Female Pod	14	14	14	1	1	
Jail Education Services - Continuing Care Group	20			1	1	Care Education Group will resume when enough clients enrolled
Adult Day Treatment	Total 15	17	Total 13	13	4	Average Daily Attendance 12
Access Unit		Undup 335	298	13	2	
Individual/Group Motivational Enhancement Svcs		237	184			
Clinical Phone Contact		104	114			
Adult Outpatient Services (AOS)	Total 1585	Total 1582	Total 1433	Total	Total	
AOS - Magic Hollow	660	819	762			Unduplicated Count
Therapy Services	----	176	188	----		Caseload 117
Nursing Services	----	683	612	----		Caseload 921
Prescriber Services	660	495	414	----		Caseload 929
AOS Senior Adult Services	Total	Total 82	Total 50			
Therapy Services	----					
Nursing Services	----	70	28			
Prescriber Services	----	38	33			

PROGRAM	Program Capacity	CURRENT month # of Persons Admitted in Program	Previous month # of Persons Served in Program	CURRENT # of Persons Waiting for Services	Previous # of Persons Waiting for Services	Comments
AOS - Mental Health - P6	675	725	668			Unduplicated Count
Therapy Services	----	444	414	----		Caseload 390
Nursing Services	----	336	282	----		Caseload 511
Prescriber Services	200	350	261	----		Caseload 600
AOS Substance Abuse	250	49	42			Unduplicated Count
Case Management Services/Adults	Total 610	Undup 650	650	42	47	1 client waiting for svcs being followed by Reinvestment Discharge Planners; pending completion of OG
Case Management (3210)	510	548	548			158 Consumers (unduplicated) served by contract staff in March.
Mobile Triage Team	40	47	47			
Intense Outreach Team	60	64	64			
Reinvestment	72	Undup 133	Undup 133			
State Hospital Discharge Planning		34	34			Marie Gustafson
Forensic State Hosp./NGRI CM		27	27			Suzy Manzi
Community Based Crisis Stabilization (CSBS)	Total 25 / Month	18	18			Unduplicated Count: 18 Unduplicated Admitted assignments. 5 Unduplicated Registered assignments. 7 Unduplicated Single Contacts. Total Unduplicated assignments = 23
Child & Youth Services	Total 393	Total 341	Total 344	Total 14	Total 17	
Intensive Outpatient Services						
Mult-Systemic Therapy	10	7	6			
Outpatient Services	240	212	215	7	8	
Therapy Only		76	79			
Therapy and Medication Management		86	86			
Medication Management Only		50	50			
After-School Therapeutic Day Treatment	40	31	31	7	9	
Case Management/ICC	95	91	92			
Emergency Services - P3	Unlimited					Client may receive more than 1 svcs
Crisis Intervention	----	103	140			
Inpatient Pre-screening	----	26	30			148 Commitment Hearings
Temporary Detention Orders (TDOs)	----	10	19			
Emergency Services - Assessment	Unlimited					

PROGRAM	Program Capacity	CURRENT month # of Persons Admitted in Program	Previous month # of Persons Served in Program	CURRENT # of Persons Waiting for Services	Previous # of Persons Waiting for Services	Comments
Center						
Crisis Intervention	----	215	156			
Inpatient Pre-screening	----	202	140			
Temporary Detention Orders (TDOs)	----	151	93			
Office of Consumer & Family Affairs	Total Unlimited	Total 343	Total 302			
Consultations & Referrals		196	185			95 Consultations, 101 Referrals
Group Participants		75	63			Basics, Recovery Center, Basics of Caring
Wellness Recovery Action Plan (WRAP) Consults		30	12			
WRAP Participants		42	42			Women's ACS Blocks, CBCS
Projects for Assistance in Transition from Homelessness (PATH Program - Homeless Intervention)						
Outreach (duplicates)	100		100			Duplicated Count
Consumer Monitoring					45	Unduplicated
SOAR Applicants (Under SRS)	10				3	44.25 Client Hours
Project LINK Case Management Services	120	82	77			13 in registered status due to individuals not keeping intake appts or responding to calls/visits.
Recovery Center	Total 108	51	Total 49		34	Includes multiple admissions
Crisis Stabilization Services	54	44	42			Average length of stay is 5 days.
Medical Monitored Detox	54	7	7	36		Average length of stay is 5 days.
Temporary Detention Order Admissions	Varies					
Residential Treatment (SARPOS)						
28 Day Residential		1	2			There were 29 persons waiting for service on the last day of February.
Non-traditional						
Rehabilitation Services						
Beach House Psychosocial Rehabilitation	Total 190	Total 175	Total 176	Total	Total	Avg Daily Census 85
Beach House Employment Services	Total 48	48	45			
Independent Employment Program	29	29	28			
Supported Employment Program	3	3	3			

PROGRAM	Program Capacity	CURRENT month # of Persons Admitted in Program	Previous month # of Persons Served in Program	CURRENT # of Persons Waiting for Services	Previous # of Persons Waiting for Services	Comments
Transitional Employment Program (TEP)	16	16	14	10	13	13 people on waiting list awaiting placement in community
The Harbour	85	86	Total 80	9	9	Avg Daily Attendance 60
Senior Services						
Gero-psych	----	----				
Information consultations		11	10			
Clinical consultations/clients served	----	1	2			
Respite Services		28	26			
Informational Consults		57	65			
Caregiver Support Groups		8	9			1 Group / 8 Attendees
In-Home Assessments		2	2			
Community Outreach/Training Events		1				
Supportive Residential Services (SRS)	Total 287	Total 154	Total 150	Total 89	Total 59	
Intensive Supervised (Assisted Living Facilities)	7	6	7	5	5	3 Individuals are being screened for vacancies. One additional ALF facility is under contract.
Moderate Supervised (Adult Foster Care/S. House)	21	19	19	34	3	2 AFC homes pending certification (Females & 1 for MHS population)
Supportive Supervised (Beach Park)	18	16	17	1	5	
Supportive Supervised (Beach Park West)	18	18	18	2	2	
Supportive Supervised (Atlantis Manor Apts)	12	12	12	2	2	
Supportive Supervised Services (New Haven)	2	2	2			
Supportive Independent Living (CAMG Townhouses/Apts.)	78	75	68	35	29	
S. Palm Transitional Housing (Supportive/Co-Occurring)	9	6	7	10	13	Screenings pending.
Mental Health Support Services (MHSS)	122	122	Total 123	23	26	
MHSA TOTAL	GRAND ----	TOTAL* 5,532	TOTAL* 5,232	TOTAL 209	TOTAL 222	

Mental Health Substance Abuse Division 2015 Waiting List

PROGRAM	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Adult Correctional Services	38	23	19									
Adult Day Treatment	18	4	13									
Adult Outpatient Services (AOS) -Access	7											
Case Management Services	49	47	42									
Community Based Crisis Stabilization (CSBS)												
Child & Youth Services	12	17	14									
PATH Case Management												
PATH SOAR Applicants	4	3										
PATH Supportive Housing Program (PSHP)												
Recovery Center	40	34										
SARPOS Non-traditional												
Beach House - Transitional Employment Program (TEP)												
The Harbour	7	9	9									
Supportive Residential Services (SRS)	64	59	89									
Mental Health Support Services (MHSS)	26	26	23									
MHSA TOTAL	265	222	209	0	0	0	0	0	0	0	0	0

FY 2015 Exhibit B Quarterly Behavioral Health Performance Measures Report			
Date of Report: 4/15/2015		Quarter: <input type="checkbox"/> First <input type="checkbox"/> Second <input checked="" type="checkbox"/> Third <input type="checkbox"/> Fourth Quarter	
CSB Name: Va. Beach Dept. of Human Services		Contact Name: Kent W Ross Jr	
Contact Telephone Number: 757-385-3209		E-Mail Address: KWRoss@vbgov.com	
Exhibit B	Measure	Data	Data Reported
I.A.	Percentage of individuals referred to the CSB who keep a face-to-face (non-emergency) service visit within seven business days after having been discharged from a state hospital, private psychiatric hospital, or psychiatric unit in a public or private hospital following involvement in the civil involuntary admission process. This includes all individuals referred to the CSB upon discharge from a state hospital, private psychiatric hospital, or psychiatric unit in a public or private hospital who were under a temporary detention order or an involuntary commitment order or who were admitted voluntarily from a commitment hearing.	87	Number of individuals who kept scheduled face-to-face (non-emergency) service visits within seven business days of discharge from the hospital or unit in this quarter.
		103	Number of individuals who were discharged and referred to the CSB from the hospital or psychiatric unit in this quarter.
		84.47%	Enter 1 st number ÷ 2 nd number x 100. If the result is greater than 100 % there is an error in the data entered.
I.B.	Percentage of individuals for whom an immediate face-to-face intervention by a certified preadmission screening evaluator to determine the possible need for involuntary hospitalization is appropriate who see a certified preadmission screening evaluator within one hour of initial contact for urban CSBs or two hours of initial contact for rural CSBs.	67	Number of individuals who saw a certified preadmission screening evaluator face-to-face to determine the need for involuntary hospitalization within one or two hours of initial contact during a two-week sample of emergency services in this quarter.
		78	Number of individuals who saw a certified preadmission screening evaluator face-to-face to determine the need for involuntary hospitalization during a two-week sample of emergency services in this quarter.
		85.90%	Enter 1 st number ÷ 2 nd number x 100. If the result is greater than 100 % there is an error in the data entered.

¹Urban CSBs have a population density of 200 or more people per square mile. Rural CSBs have a population density of less than 200 people per square mile. Urban and rural CSBs are listed in the Overview of Community Services in Virginia, available at <http://www.dbhds.virginia.gov/library/document-library/occ-csb-overview.pdf>.

EXECUTIVE COMMITTEE

No meeting was held in April 2015.