City Manager’s Update

TOWN HALL MEETING JUNE 29 AT VIRGINIA BEACH FIRE & EMS STATION #13 BLACKWATER – TOPICS INCLUDE PUBLIC SAFETY, ROADS, STORMWATER

We will be hosting a town hall meeting on Thursday, June 29 from 6 - 8 p.m. at the Virginia Beach Fire & EMS Station #13 Blackwater at 6009 Blackwater Road. It is a follow-up to concerns about crime and policing services in the southern portion of the city Councilmember Barbara Henley has highlighted, and we have expanded the agenda to address other issues of importance to residents in that area, including Fire and EMS response, stormwater, roads and agriculture.

The town hall meeting will be held at the Virginia Beach Fire & EMS Station #13 Blackwater.
TWO VBPD CAPTAINS COMPLETE FBI NATIONAL ACADEMY

VBPD Captains Reo Hatfield and Kenneth Miller recently completed the Federal Bureau of Investigation’s (FBI) National Academy, a 10-week course held at the FBI Training Academy in Quantico, Va. This professional development course, for U.S. and international law enforcement leaders from 170 countries, serves to improve the administration of justice in police departments and agencies at home and abroad, and to raise law enforcement standards, knowledge and cooperation worldwide. The latest session, #264, held its graduation Friday, June 10. Currently, the VBPD has nine active leaders who have successfully completed this course.

AQUARIUM’S MARKETING DIVISION WINS INDUSTRY AWARDS

The Marketing and Public Relations division of the Virginia Aquarium & Marine Science Center recently won several industry awards for their work. Graphic Design USA awarded the team five American In-house Design awards for projects including the Educational Resource Guide, the Virginia Aquarium Quarterly member magazine, the redesigned member brochure, the 2016 Sensible Seafood Fest poster, and the 2015 Commotion in the Ocean invitation.

Additionally, the “Swipe Right for Hector” campaign, that introduced an iconic harbor seal to the online dating world of Tindr, was awarded first place in the 2016 Pinnacle Awards for Social Media Tactics, budget $4,999 and below, by the Public Relations Society of America Hampton Roads chapter.
NEW & NOTEWORTHY

- **TREE REMOVAL ON PRINCESS ANNE ROAD:** A lane closure on Princess Anne Road, from North Landing Road to Holland Road, will take place on Saturday, June 18, due to the removal of two hazardous trees. Weather permitting, crews will operate from 9 a.m. to 3 p.m. Contact: Susan French, SFrench@vbgov.com.

- **GREEN HILL FARMS SANITARY SEWER PROJECT:** Construction of a new sanitary sewer pump station will begin on Tuesday, July 5, in the Green Hill/Chelsea neighborhood. Work is expected to be complete by September 2017. Contact: Erica Roberts, (757) 385-4948.

- **CAPE HENRY BEACH TRUCK HAUL:** Completion of the most recent Cape Henry Beach truck haul moved approximately 30,000 cubic yards of beach quality sand from the stockpile at the Lynnhaven Inlet Dredged Material Management Area to the western portion of Cape Henry Beach. Work began on Monday, May 16, and completed on Tuesday June 7. The newly replenished portion of Cape Henry Beach will provide improved storm protection for this year’s hurricane season.

**LESNER BRIDGE UPDATE**

On Monday, June 13, the last precast concrete segment in the center span of the new westbound Lesner Bridge was set and post-tensioned in place. The remaining two-foot wide gap, the Main Span Closure Segment, will be formed and cast-in-place early next week during the night when the surrounding concrete is at a minimum thermal gradient. The placement of the Main Span Closure concrete will complete the most challenging portion of the bridge construction.

Crew will finish work on the main bridge span and work will begin on setting the segments atop pier column #7, while post-tensioning work is nearing completion in the main span. Construction of the new westbound Lesner Bridge substructure (foundations, footings, and piers) is now complete. Completion of the bridge’s superstructure is estimated for September 2016 with a partial traffic switch (westbound) to the new bridge late September 2016 or early October 2016.

The Norfolk District, U.S. Army Corps of Engineers plan to close the North Landing Bridge on Tuesday, June 21, to partially repair the damaged structure. Weather permitting, the district will close the bridge to both vehicle and commercial waterway traffic from 9:30 a.m. to 3:30 p.m. The district is working to coordinate detours, and notifying mariners of the impending closure.
CAN YOU SPARE A LUNCH HOUR TO CHANGE THE WORLD?

Katie Cerqua (VBPL), Melissa Zibutis (Volunteer Resources) and Laura Smart (VBCPS) attended the Transforming Local Government conference held in St. Paul, Minnesota and presented a case study, “Can You Spare a Lunch Hour to Change the World?” Through their presentation, Katie, Melissa and Laura invited attendees from all over the nation to engage volunteers for just an hour a week through the Virginia Beach READS program the group collaboratively created. As a major initiative of the local Campaign for Grade-Level Reading, Virginia Beach READS pulls together City government, the local school division, multiple non-profits, the business community, the military community, funders, several volunteer groups, and the families of struggling readers to tackle the critical issue of ensuring reading proficiency by third grade.

Coming up on its third year, the program has proven impact with student performance, community engagement and has received accolades for being a “Model Partner” with the Virginia Beach City Public Schools, as well as named the 2015-2016 Virginia State Outstanding Mentoring Program of the Year.

**VB READS FAST FACTS**

- 165 First grade students served
- 150+ Volunteers engaged
- 3 “Fringe” non-title one elementary schools
- Over 2,000 books donated to students and families
- To date: 4,289 hours / $90,000+ value added
EMPOWER NAMED RETIREMENT LEADER OF THE YEAR

Empower Retirement, the City’s and Schools’ third party record keeper for 457 Deferred Compensation Plans, was named Retirement Leader of the Year at the 23rd annual Mutual Fund Industry Awards, held in New York City in April. The City and Schools Deferred Compensation Plans amount to $249.2 million as of March 31, 2016.

“As a firm that strives to help millions of Americans achieve a secure, dignified retirement, we are honored to receive this recognition,” said Empower President Edmund F. Murphy III. “Our organization will continue to closely partner with plan sponsors and their participants, as well as the advisors and consultants who serve them, through our unique breadth of expertise, strong commitment to innovative thought and process, and mixture of capabilities and resources.”

VOLUNTEERS MAKE HELPING HANDS CLEANUP A SUCCESS

The Virginia Beach Clean Community Commission (VBCCC), with support from Public Works/Waste Management, completed its third Helping Hands project of the season on Saturday, June 11. The Helping Hands Program provides one-time assistance to residents who are physically and financially unable to perform outside yard maintenance themselves. The organization worked with 50 volunteers including numerous military groups on the yard beautification. Even the Virginia Beach police officer who nominated the resident for Helping Hands brought his family to help with the cleanup efforts. This incredible outpouring of community volunteers transformed the yard in just three hours. They filled a large yard debris container and over 70 bags of yard waste.

Each year, volunteer groups are needed to assist with Helping Hands projects during the spring, summer, and fall seasons. Talent or experience in landscaping or gardening is not required, but appreciated. Most of these projects require a time commitment of less than four hours and can typically be done on a Saturday morning. If interested in lending a hand and helping a neighbor, call (757) 385-3855 or visit www.vb.gov/VBCCC.
DON’T FORGET: MOCA’S ANNUAL BOARDWALK ART SHOW

One of the best fine art shows in the country kicked off yesterday, June 16. Be sure to check out the 61st Annual Boardwalk Art Show, which continues through Sunday, June 19. Be advised of possible congestion at the oceanfront. For a full schedule of events, visit www.boardwalkartshow.com.

THOUGHT OF THE WEEK

“Although the world is full of suffering, it is full also of the overcoming of it.”

~ Helen Keller

ATTACHMENTS

♦ June 7, 2016 - Copy of a letter from Mark Koski, Director of Sports, Events and Development with the National Federation of State High School Associations, regarding a headquarters hotel and its importance to the growth of sports, events, meeting and convention markets in the Virginia Beach area.

♦ June 2016 - Copy of a letter from Newport News Mayor McKinley L. Price, DDS regarding an invitation to the Third Annual United Negro College Fund (UNCF) Mayor’s Luncheon on Tuesday, July 26, in Newport News, Virginia.

♦ Informational Flyer | The Virginia Household Water Quality Program

♦ Virginia Beach Television (VBTV) Program Schedule, June 19 through June 25.
June 7, 2016

Dave Hansen, City Manager
City of Virginia Beach
2401 Courthouse Drive, Room 234
Virginia Beach, Virginia 23456

Dear Dave:

This letter is regarding a headquarters hotel and its importance to the growth of the sports, event, meeting, and convention markets in the Virginia Beach area. I would like to urge you to seriously consider product expansion in your city for the near future.

The National Federation of State High School Associations hosts two large conferences annually - the Summer Meeting (late June/early July), that requires 675 guest rooms on peak, and the Athletic Directors Conference (December), requiring 1,400 rooms on peak. The federation also hosts a Winter Meeting that requires 90 guest rooms on peak, with 4,500+ square feet of meeting space.

In addition to the guest rooms, 25,000-30,000 plus square feet in meeting space is required and would make this headquarters hotel a perfect fit for our needs in the Virginia Beach area.

Along with your unique convention center, I believe this hotel addition would not only benefit our group's needs, but others as well. The investment would drive incremental room nights to your city and would be a great compliment to any arena or sports facility that might be an upcoming addition to the area.

I hope you will take my thoughts into consideration. Let me know if you would like to discuss anything further.

Sincerely,

[Signature]

Mark Koski
Director of Sports, Events and Development
National Federation of State High School Associations
Dear friends,

I am honored to host the Third Annual United Negro College Fund (UNCF) Mayor’s Luncheon on Tuesday, July 26, 2016 at the Newport News Marriott at City Center. The event will begin at 11:30 a.m. and end promptly at 1 p.m.

UNCF is the nation’s largest and most effective minority education organization. Since its founding in 1944, UNCF has raised more than $4.5 billion to help more than 400,000 students receive college degrees at UNCF-member institutions and with UNCF scholarships. UNCF plays a vital role, enabling more than 60,000 students each year to attend college and get the education they need to be competitive in their chosen job field.

UNCF envisions a nation where all Americans have equal access to a college education that prepares them to have rich intellectual lives and competitive, fulfilling careers, and to be engaged in citizenship and service to our nation. In partnership with you and I, UNCF hopes to build a robust and nationally-recognized pipeline of under-represented students who, because of UNCF support, become highly-qualified college graduates.

As higher education becomes the standard rather than an option, it is our responsibility to keep college tuition affordable for talented young men and women. Please join me in supporting UNCF’s mission of increasing the number of minority college graduates.

I look forward to seeing you on July 26th because “A mind is a terrible thing to waste, but a wonderful thing to invest in.”®

Sincerely,

[Signature]

McKinley L. Price, DDS
Mayor, City of Newport News
Third Annual Mayor’s Luncheon
Hosted by:
The Honorable McKinley L. Price, DDS
Mayor, City of Newport News

Sponsorship Benefits

Gold Sponsor - $5,000
- Preferred VIP Seating for 10 guests
- Company name/logo on all collateral material including press releases and e-mail alerts
- Prominent placement of color logo on souvenir program
- Company name/logo placement in video production and event signage
- Corporate marketing material distribution (optional)
- Recognition from podium and at other UNCF events throughout the fiscal year

Silver Sponsor - $3,500
- Reserved VIP Seating for 10 guests
- Company name/logo in all collateral material including press releases and e-mail alerts
- Company logo on souvenir program
- Company name/logo placement in video production and event signage
- Recognition from podium

Bronze Sponsor - $1,500
- Reserved table for 10 guests
- Company name in all collateral material including press releases and e-mail alerts
- Company name with logo in souvenir program and event signage
- Recognition from podium

Table Host - $1,000
- Reserved table for 10 guests
- Company name with logo in souvenir program and event signage

Additional statewide sponsorship opportunities are available.

All corporate logos should be CMYK, press-quality PDF, JPG or EPS files, 300 dpi or higher resolution.
Email: marc.newman@uncf.org

UNCF
A mind is a terrible thing to waste
Do you have a well? What’s in your water?

The Virginia Household Water Quality Program aims to improve the water quality and health of Virginians with wells, springs and cisterns. We provide affordable water testing, information for addressing problems, and help interpreting water test results.

How does it work?
Participants attend a short Kickoff Meeting, where they receive information about how to collect water samples and a sampling kit. Participants will collect samples on a designated day and time, and drop off at the sample collection point. Water is analyzed on the Virginia Tech campus for 14 parameters. Once analysis is complete, results are returned at a final meeting, where water test results are explained, along with information about how to deal with any problems. If you are unable to attend the interpretation meeting, results will be mailed to you.

Testing includes:

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<tr>
<th>Parameter</th>
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Cost: $52 per sample kit. Checks and cash accepted. Make checks payable to VCE – Virginia Beach (return check fee $50.00).

July 18, 2016 @ 10:00am or 7:00pm – Kickoff Meeting
Contact the Virginia Beach VCE office to pre-register: jwright@vbgov.com, 757-385-8316 or 757-385-4769

July 20, 2016 @ 7:00am-9:00am – Water Sample Drop off
Samples can be dropped off at the VCE office anytime between 7:00am and 9:00am.

August 18, 2016 @ 6:30pm – Results Interpretation Meeting
If you are unable to attend the interpretation meeting, results will be mailed to you.

Virginia Cooperative Extension Office
2449 Princess Anne Rd.
Building 14, 2nd floor Conference Room
Virginia Beach, VA 23456

For more information about the program, contact Andrea Davis, awise@vt.edu or Roy Flanagan royf@vt.edu at 757-385-4769 or visit http://www.wellwater.bse.vt.edu/.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Jill Wright at 757-385-4769 during the business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event. TDD number (800) 828-1120.
VIRGINIA BEACH TELEVISION
Cox Cable Channels 46, 47 & 48
Verizon Cable Channels 46, 47 & 45

PROGRAM SCHEDULE
JUNE 19 – JUNE 25, 2016

VIRGINIA BEACH TELEVISION provides locally produced and other specialty programming to support the mission of the Virginia Beach Municipal Government and the Virginia Beach City Public School System. Program listings reflect expected airtimes but may be preempted by public meetings, hearings, and special events.

 Streaming is available at http://www.vbgov.com/media/pages/live-videos.aspx for all LIVE public sessions of Virginia Beach City Council and Planning Commission meetings, archives of previous meetings, and original VBTV programming. LIVE meetings and previous sessions of the Virginia Beach City School Board can be accessed at http://www.vbschools.com/schoolboard/streaming.

PUBLIC MEETINGS

 STREAMING VIRGINIA BEACH CITY COUNCIL MEETING (Cox 48 / Verizon 45) — Recablecast of the June 14 workshop: Sun 9am. LIVE: Tue, Informal Session 4pm; Formal Session 6pm. Recablecast: Thu 7pm; Fri 9am.

 STREAMING VIRGINIA BEACH CITY SCHOOL BOARD MEETING (Cox 47 / Verizon 47) — Recablecast of the June 7 meeting: Mon 2pm. LIVE: Tue, Workshop 4:30pm; Formal Session 6pm. Recablecast: Wed 7pm; Sat 9am.

VIRGINIA BEACH TELEVISION – COX 48 / VERIZON 45

A BIOGRAPHY OF AMERICA: A VITAL PROGRESSIVISM — View history as a living narrative rather than a series of irrefutable facts to be memorized. Prominent historians present America's story as something that is best understood from a variety of perspectives. Sun 5am; Tue & Thu 11am; Fri 12am.

A HISTORY OF THE U.S. CONSTITUTION: THE SEEDS OF THE CONSTITUTION — Learn how the Constitution has protected the American people from abuses of power and tyranny and has empowered them to excel in art, literature, science, and technology. Sun 4:30pm; Tue & Sat 9:30am; Wed 6:30am & 4:30pm.

A PLACE OF OUR OWN: ADOPTION — Insight and advice for solving issues related to parenting and child rearing. Sun 9pm; Mon 8am & 3pm; Thu 12am; Fri 3pm.

ACCESS VIRGINIA BEACH — Biweekly news magazine highlighting city and school topics and issues.

- Virginia Beach Mosquito Control Bureau offers tips to avoid mosquitos
- Revive! training course offered: opioid overdoes and naloxone education
- See the Firefighter Combat Challenge at Mt. Trashmore
- L. Douglas Wilder is formally inducted into Virginia Legends Walk
- Y-Not Wednesdays offer mid-week break in Sandler Center Plaza
- Virginia Beach Amphitheater celebrates 20 years of success
- Volunteer recognition event at Brock Environmental Center
- Teacher at Virginia Beach Middle School wins the Virginia Lottery Super Teacher Award
- Graduation season is coming! Order your DVDs now
- Princess Anne Elementary students and Superheroes take over the adventure park

Mon 12am, 2:30am, 11am, 1:30pm, 9pm & 11:30pm; Tue 5am & 7:30am; Wed 12am, 2:30am, 11am, 1:30pm, 6pm & 8:30pm; Thu 5am, 7:30am & 6pm; Fri 6pm & 8:30pm; Sat 5am, 7:30am, 11am, 1:30pm, 9pm & 11:30pm.
AGAINST ALL ODDS: WHAT IS PROBABILITY? — Discover statistical solutions to the puzzles of everyday life. Learn how data collection and manipulation - paired with intelligent judgement and common sense - can lead to more informed decision making. Sun 6am; Tue & Thu 12pm; Fri 1am.

AMERICAN CINEMA: THE HOLLYWOOD STYLE — Explore film history and American culture through the eyes of Hollywood insiders. Sun 10pm; Mon 9am & 4pm; Thu 1am; Fri 4pm.

BRIDGING WORLD HISTORY: PEOPLE SHAPE THE WORLD — Explore global patterns through time, seeing history as an integrated whole. Sun 5:30am; Tue & Thu 11:30am; Fri 12:30am.

CHECK THE TECH — Produced by students at the Virginia Beach Technical & Career Education Center to report on the school's programs and activities. Mon 2am, 1pm & 11pm; Tue & Thu 7am; Wed 2am, 1pm & 8pm; Fri 8pm; Sat 7am, 1pm & 11pm.

DECISION MAKERS — Local discussion covering topics, issues, and concerns that business and community leaders face each day. Sun & Tue 1am; Mon & Sat 7pm; Wed 10pm; Thu 9am & 4pm; Fri 6am.

DEMOCRACY IN AMERICA - POLITICAL PARTIES: MOBILIZING AGENTS — Sun & Thu 2pm; Fri 1pm.

ESSENTIAL SCIENCE FOR TEACHERS: WHAT IS LIFE? — Sun 1pm; Fri 8am; Sat 2pm.

FOCUS NNS — Explore current events at Newport News Shipbuilding. Sun 8:30pm; Mon 7:30am; Tue & Fri 11:30pm; Wed 10:30am; Sat 2:30am & 5:30pm.

FRONTLINE FIREFIGHTER — Produced by the City of Virginia Beach Fire Department to explore current training trends and report news of interest to firefighters and citizens alike. Mon 1am, 12pm & 10pm; Tue & Thu 6am; Wed 1am, 12pm & 7pm; Fri 7pm; Sat 6am, 12pm & 10pm.

GETTING ALONG: NO FAIR! — Character development and conflict management for ages five through eight. Sun 4pm; Tue & Sat 9am; Wed 6am & 4pm.

GREAT AMERICAN AUTHORS: 1856 - 1906 — Explore the rich, literary tradition of American storytelling, beginning with the first colonists in the 17th century to a small cadre of brilliant, 19th century, New England writers who defined the unique American experience and soul. Sun 7am; Tue & Thu 1pm; Fri 2am.

HOW IN THE WORLD — Join Pilot Lindy aboard the Airship Curiosity and learn about flame working; how K-9 officers are trained; and watch Professor Omnibus make a chicken in a cup. Sun 7pm; Mon 6am; Tue 10pm; Wed 9am; Thu 6:30pm; Fri 10pm; Sat 1am & 4pm.

IN THE FIGHT — A monthly newscast featuring the latest happenings throughout the United States military. Mon 1:30am, 12:30pm & 10:30pm; Tue & Thu 6:30am; Wed 1:30am, 12:30pm & 7:30pm; Fri 7:30pm; Sat 6:30am, 12:30pm & 10:30pm.

INSIDE THE GLOBAL ECONOMY: MANAGING CURRENCIES AND POLICY COORDINATION — Sun & Tue 12am; Mon & Sat 6pm; Wed 9pm; Thu 8am & 3pm; Fri 5am.

KENNEDY CENTER PERFORMING ARTS: maximum INDIA — The music and dance of India provide students with a window to the vibrant culture and traditions of one of the world's largest countries. Sun & Tue 2am; Mon & Sat 8pm; Wed 11pm; Thu 10am & 5pm; Fri 7am.

LEARNING MATH: VARIATION ABOUT THE MEAN — Designed for elementary and middle school teachers, and organized according to standards developed by the National Council of Teachers of Mathematics, this series explores topics in measurement, number operations, statistics, geometry, and algebra. Sun 6:30am; Tue & Thu 12:30pm; Fri 1:30am.
MATH MONSTERS — Designed for pre-kindergarten children, this animated series provides an amusing and enlightening introduction to mathematical concepts. Sun 4:15pm; Tue & Sat 9:15am; Wed 6:15am & 4:15pm.

MEET THE AUTHOR: JOHN McCUTCHEON — Sun 8am; Mon, Tue, Wed & Fri 2pm; Thu 11pm.

MOM ALWAYS SAID: SCHOOL TRANSITIONS — Discussion between real moms with real experiences and real tips on raising a family. Mon 12:30am, 11:30am & 9:30pm; Tue & Thu 5:30am; Wed 12:30am & 6:30pm; Fri 6:30pm; Sat 5:30am, 11:30am & 9:30pm.

MONEYTRACK: THE REAL TRUTH ABOUT REAL ESTATE — Despite the widespread number of home foreclosures across the country, people are starting to wade back into the real estate waters. Meet some people who decided to dive right into Detroit, one of the hardest-hit housing markets in the country, and turn creative financing and social responsibility into profitability. Sun 9:30pm; Mon 8:30am & 3:30pm; Thu 12:30am; Fri 3:30pm.

NASA X — The NASA fundamental aeronautics Subsonic Fixed Wing program is testing new, revolutionary designs that will dramatically change the future of aircraft. This project addresses the comprehensive challenge of enabling energy-efficiency improvements in subsonic transport aircraft combined with dramatic reductions in harmful emissions and perceived noise to allow sustained growth of the air transportation system. Sun 5pm; Tue & Sat 10am; Wed 7am & 5pm.

NEWSWriting: MEDIA LAW — Explore techniques to become a better writer through traditional and emerging journalistic styles. Sun 8:30am; Mon, Tue, Wed & Fri 2:30pm; Thu 11:30pm.

ON THE OTHER HAND — Sun 8pm; Mon 7am; Tue & Fri 11pm; Wed 10am; Sat 2am & 5pm.

POLICE & CITIZEN PUBLIC SERVICE AWARDS 2016 — Held May 20, 2016 at the Virginia Beach Convention Center. Sun 6pm; Mon 5am; Tue & Fri 9pm; Wed 8am; Sat 12am & 3pm.

READ-ALEE-DEED-ALEE: THE CUB IN THE TUB — An early reading series introducing sounds and rhyming patterns that unlock words and the meaning of words. Sun 3:45pm; Tue & Sat 8:45am; Wed 5:45am & 3:45pm.

REAL VIRGINIA — Agricultural news and family-oriented stories presented by the Virginia Farm Bureau. Mon 12:30am, 11:30am & 9:30pm; Tue & Thu 5:30am; Wed 12:30am, 11:30am & 6:30pm; Fri 6:30pm; Sat 5:30am, 11:30am & 9:30pm.

SHAMU TV: THE SEA TURTLE STORY — Each year, SeaWorld parks rescue dozens of turtles either ill or injured. Follow the story of one of these special turtles as round-the-clock rehabilitation efforts make for an unforgettable success story. Sun 3pm; Tue & Sat 8am; Wed 5am & 3pm.

TEACHING FOREIGN LANGUAGES: VALUING DIVERSITY IN LEARNERS — Learn about the connection between the national standards for foreign language learning and current research in foreign language education. Sun 11:30pm; Mon 10:30am & 5:30pm; Thu 2:30am; Fri 5:30pm.

TEEN KIDS NEWS — Sun 5:30pm; Tue & Sat 10:30am; Wed 7:30am & 5:30pm.

THE HABITABLE PLANET: BIODIVERSITY DECLINE — Explore environmental science through a study of the Earth's natural systems. Sun 11pm; Mon 10am & 5pm; Thu 2am; Fri 5pm.

THE MATH DUDE: SOLVING SYSTEMS OF EQUATIONS: GRAPHING — Middle and high school students can improve their algebra skills with these fast-paced programs devoted to Algebra I as it is taught in the classroom today. Sun 3:30pm; Tue & Sat 8:30am; Wed 5:30am & 3:30pm.
A BIOGRAPHY OF AMERICA — Thu 8pm.

A HISTORY OF THE U.S. CONSTITUTION — Thu 5:30pm.

A PLACE OF OUR OWN — Wed 3pm.

ACCESS VIRGINIA BEACH — Sun 9pm & 11:30pm; Mon 7:30am & 6pm; Tue & Thu 1:30pm; Wed 7:30am & 11:30pm; Fri 7:30am; Sat 6pm.

AGAINST ALL ODDS — Thu 9pm.

AMERICAN CINEMA — Wed 4pm.

ART HISTORY: 17TH CENTURY DUTCH MASTERS — Tue & Thu 6am.

BRIDGING WORLD HISTORY — Thu 8:30pm.

CHECK THE TECH — Sun 11pm.

CLASSIC ARTS SHOWCASE — Enjoy the classic arts by experiencing short video clips of film and music. Sat 12am through 8am, 1:30pm through 6pm, and 8pm through Sun 8pm.

DECISION MAKERS — Fri 8pm.

DEMOCRACY IN AMERICA — Tue 5pm; Wed & Fri 6pm; Thu & Sat 7pm.

EARTH REVEALED: SEDIMENTARY ROCKS: THE KEY TO PAST ENVIRONMENTS — Explore how scientific theories are developed and how our activities today affect earth’s continuing evolution. Mon 10pm; Fri 3pm; Thu 11am.

EMERGENCY PREPAREDNESS: HURRICANE INFORMATION GUIDE FOR COASTAL RESIDENTS — Learn about the need for early hurricane preparation, basic storm information, ways to protect your home, and evacuation to safe areas. Tue & Thu 7am.

ESSENTIAL SCIENCE FOR TEACHERS — Mon 7pm; Tue 11pm; Wed 2pm; Fri 5pm & 11pm.

EXERCISE HORIZONS — Mon, Wed, Fri 10:30am; Tue & Thu 2:30pm.

EXPLORING THE WORLD OF MUSIC: MELODY — Explore basic elements of music and how music is an expression of culture. Mon 9:30pm; Fri 2:30pm; Thu 10:30am.

FIT FOR DUTY: STEP AEROBICS — An exercise program spanning several disciplines, such as kickboxing, Pilates, aerobics, weight training, and more. Produced by The Pentagon Channel. Mon & Wed 12pm; Tue & Thu 8am.

FRONTLINE FIREFIGHTER — Sun 10pm; Mon through Fri 9am; Mon, Wed, & Fri 1pm; Thu 11pm.

FUZION FITNESS — Mon & Wed 11am; Tue & Thu 3pm; Fri 11am.

HOMEBOUND EXERCISE — Mon, Wed, Fri 10am; Tue & Thu 2pm.

GETTING ALONG — Thu 5pm.

GREAT AMERICAN AUTHORS — Thu 10pm.

HOW IN THE WORLD — Mon, Wed, & Fri 9:30am; Mon & Sat 6:30pm; Thu 11:30pm.

IN THE FIGHT — Sun 10:30pm.
INSIDE THE GLOBAL ECONOMY: MANAGING CURRENCIES AND POLICY COORDINATION — Fri 7pm.

JURY ORIENTATION — A helpful guide for anyone called to jury duty. Sun 8pm; Mon 8am & 8pm; Wed, Fri & Sat 8am.

KENNEDY CENTER PERFORMING ARTS — Fri 9pm.

LEARNING MATH — Thu 9:30pm.

MATH MONSTERS — Thu 5:15pm.

MEET THE AUTHOR: JOHN McCUTCHEON — Tue & Fri 10pm.

MONEYTRACK — Wed 3:30pm.

NASA X — Thu 6pm.

NATIONAL GALLERY OF ART: MOBILE, BY ALEXANDER CALDER — Take an absorbing journey as Calder and other craftsmen face the challenges of producing a large, technically complex piece of art for the National Gallery's east building. Tue & Thu 6:30am.

NEWSWRITING — Tue & Fri 10:30pm; Thu 3:30pm.

READ-ALEE-DEED-ALEE — Thu 4:45pm.

REAL VIRGINIA — Sun 9:30pm.

SHAMU TV — Thu 4pm.

SIGNING TIME: THE GREAT BACKYARD — An introduction to American Sign Language for children. Mon & Wed 12:30pm; Tue & Thu 8:30am.

TEACHING FOREIGN LANGUAGES — Wed 5:30pm.

TEEN KIDS NEWS — Thu 6:30pm.

THE HABITABLE PLANET — Wed 5pm.

THE MATH DUDE — Thu 4:30pm.

THE PATH TO ENERGY EFFICIENCY — Sun 8:30pm; Mon 8:30am & 8:30pm; Wed, Fri & Sat 8:30am.

THE WHOLE CHILD CAREGIVER GUIDE: IT'S THE LITTLE THINGS — Mon & Wed 11:30am; Tue & Thu 7:30am.

THE WORLD OF ABNORMAL PSYCHOLOGY: THE ANXIETY DISORDERS — See how people with diagnosed psychological disorders actually behave. Case studies, enriched with commentary from experts, help demystify the biological, psychological, and environmental causes of dysfunctional behavior. Mon 11pm; Tue & Fri 12pm & 4pm; Thu 12pm.

THE WORLD OF CHEMISTRY: MOLECULES IN ACTION — Mon 9pm; Fri 2pm; Thu 10am.

UNSEEN LIFE ON EARTH: MICROBIAL ECOLOGY — Peer into the microbial world and discover how microorganisms affect everything from medicine to environmental issues to global politics. Dynamic visuals and case studies, including DNA testing and dramatic battles against dangerous viruses, illustrate the work and effects of microorganisms. Mon 10:30pm; Tue & Fri 11:30am & 3:30pm; Thu 11:30am.
General information about the City of Virginia Beach, plus current events and late-breaking news of interest to local citizens, cablecasts 24 hours a day with audio provided by NOAA Weather radio.

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