




OCTOBER 16, 2020

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## NEUDIGATE SWORN IN AS CHIEF OF POLICE



**Paul Neudigate**, a 30-year veteran of the Cincinnati Police Department, was sworn on Tuesday, Oct. 13, as chief of the **Virginia Beach Police Department**. His first day on the job was Oct. 14.

Paul built productive relationships inside and outside the police department based on trust, respect and accountability. He is a consummate professional with a progressive policing philosophy who is committed to applying intelligence-led data-driven strategies, using technology to enhance policing, and collaborating with other City departments and community groups to reduce crime and increase safety throughout the community. I am confident Chief Neudigate will serve the VBPD and this community as effectively as he served Cincinnati.



**THANK YOU TO INTERIM CHIEF ZUCARO:** Please join me in thanking **Interim Chief Tony Zucaro** for stepping up to lead the department for the last six months, especially considering that meant putting his retirement on hold to do it. He has a long and distinguished career – over 41 years – with the Virginia Beach Police Department; his service as chief is particularly noteworthy given all of the events we have experienced this year.

## NEW VB SPORTS CENTER SELECTED TO HOST NCAA FINALS

The National Collegiate Athletic Association (NCAA) announced Wednesday, Oct. 14, that **Norfolk State University** and the **City of Virginia Beach** have been selected to host **Men’s and Women’s Indoor Track and Field Championships** four years in a row:



- 2023: Division II Championships
- 2024: Division III Championships
- 2025: Division I Championships
- 2026: Division II Championships

The national championships will bring approximately 900-1000 athletes and 1500-4000 spectators, depending on the division. They will mark the first time NSU will host an NCAA Championship event and the first time a Historically Black College or University (HBCU) will host an NCAA Division I national championship track event.

## COVID-19 UPDATES & RESOURCES

### DEADLINE TO APPLY FOR BUSINESS ASSISTANCE GRANTS EXTENDED TO NOV. 2; DEADLINES APPROACHING FOR OTHERS

The deadline for the CARES Act Business Assistance Grants has been extended to Monday, Nov. 2 and other relief programs have application deadlines approaching. For details about each program and to apply, visit [emergency.vbgov.com/coronavirus#money](https://emergency.vbgov.com/coronavirus#money).

**Real Estate and Personal Property Tax Relief Program:** Applications are now accepted through Oct. 31. The program provides direct relief for households where an occupant has lost their employment, had their work hours reduced or has been furloughed due to COVID-19. Any impacted household, whether they have paid their tax bill or not, can apply if they meet the eligibility requirements. For more information, including necessary documents for proof of eligibility and applications, visit [VBgov.com/COVID19TaxRelief](https://VBgov.com/COVID19TaxRelief).

**Business Assistance Grants:** Applications are accepted through Nov. 2. To encourage businesses to continue their operations and help mitigate the negative impacts of the pandemic, these grants are intended to provide immediate financial relief for expenses already incurred.

**Arts & Cultural Organization Relief Grants:** Applications will be accepted through Nov. 15 and reviewed on a rolling basis until funding has been expended. This program provides grant assistance to qualified arts and cultural 501(c)3 non-profit organizations for immediate financial relief for unforeseen expenses due to the global health emergency.

**City Services Bill Pandemic Relief Program:** Still available and provides financial assistance to qualifying residential customers who need assistance for solid waste collection, storm water, sanitary sewer and water services charges. Visit [VBgov.com/CSPandemicRelief](https://VBgov.com/CSPandemicRelief) for eligibility requirements and to apply.

**Short-Term Mortgage Assistance:** Still available and provides eligible households with assistance to help prevent foreclosure of low- and moderate-income homeowners in Virginia Beach who have experienced loss of employment income due to COVID-19. Residents must complete a quick, online questionnaire available at [VBgov.com/mortgageassistance](https://VBgov.com/mortgageassistance) to see if they meet the initial screening criteria.

For resources and news related to our COVID-19 response: [emergency.vbgov.com/coronavirus](https://emergency.vbgov.com/coronavirus)

#### REMINDER: FREE FLU VACCINATIONS AVAILABLE OCT. 17

The Virginia Beach Department of Public Health will host a FREE, drive-thru flu vaccination clinic at Green Run High School, 1700 Dahlia Drive, on Saturday, Oct. 17, from 10 a.m. to 1 p.m., to administer 800 doses free of charge on a first-come, first-served basis to adults and children, ages 3 years and older. Participants in this event are asked to wear a face covering.

## AWARDS & RECOGNITIONS

### VB AWARDED RESILIENT VIRGINIA COMMUNITY OF THE YEAR

Virginia Beach has been named the **Resilient Virginia Community of the Year** by the Virginia Chapter of the American Planning Association for our **Sea Level Wise** planning project. The award was presented virtually on Oct. 13 at APA Virginia’s Annual Conference.

Sea Level Wise is our comprehensive program for addressing rising sea levels and recurrent flooding risks. The Adaptation Strategy, published in March 2020, outlines a proactive, long-term approach to enable the City to adapt to these changing environmental conditions. Weather and climate data collection served as the foundation for the program, where the data was used to quantify flood risk and vulnerability in individual watersheds. After analyzing the data, the findings were used to identify key adaptation strategies that could be utilized to minimize flood impacts and recommended where and how these strategies could be implemented in the different watersheds.



“As localities across the country slowly begin the process of quantifying, analyzing, and evaluating the impacts of climate change, they would be well advised to look to the work Virginia Beach has done through Sea Level Wise as a model for good planning. The exhaustive attention to detail in the plan document is a powerful lesson for those struggling to communicate with citizens, stakeholders, and political leaders: data, transparency, and a realistic assessment of conditions are essential for tackling such massive problems. Such leadership overwhelmingly demonstrates that Virginia Beach has earned the title of Resilient Virginia Community of the Year.”

### NEW CITY HALL ACHIEVES ENERGY STAR RECOGNITION

The new Virginia Beach City Hall has achieved the **“Designed to Earn the ENERGY STAR”** recognition as a result of the commitment to energy efficient green design.



The building’s sustainable design includes energy efficient strategies such as:

- Modern mechanical system with demand control ventilation and enthalpy wheels;
- Large, true cupola that brings light into a three-story lobby space which in turn allows that natural light to filter deeply into the building;
- Energy efficient LED lighting fixtures with power adjusting sensors;
- Multi-system energy efficiency monitoring and management program; and
- Energy efficient building envelope.

The planned completion of the new City Hall is Summer 2021, and the facility is anticipated to deliver an estimated 27% energy savings over a baseline building.

## HOUSING DIRECTOR RECEIVES LIFETIME ACHIEVEMENT AWARD FROM HAMPTON ROADS HOUSING CONSORTIUM

**Virginia Beach Housing & Neighborhood Preservation Director Andrew Friedman** is the recipient of this year's **Hampton Roads Housing Consortium (HRHC) Lifetime Achievement Award**. The award recognizes an individual that has demonstrated lifetime successes committed to improving the lives of families and the well-being of communities through recognition that households of all income levels deserve a fair opportunity to buy or rent housing that is safe, decent, affordable and suitable for their needs. The individual must also demonstrate exemplary, state of the art responses to providing affordable housing or support services. HRHC recognized Friedman and other individuals and organizations that have contributed to improving housing conditions for the region during its virtual awards luncheon on Oct. 8.



Friedman has served as the director of Housing & Neighborhood Preservation since 1993 and currently leads 90 staff within the department's five divisions: Code Enforcement, Homeless Services, Housing Development, Rental Housing and the Director's Office. He is responsible for ensuring the department is continually striving to achieve its mission of expanding housing opportunities, promoting vibrant, well-maintained neighborhoods and making homelessness rare, brief and nonrecurring in Virginia Beach.

The HRHC is a voluntary association of governmental, private, and nonprofit organizations committed to improving affordable housing opportunities in Hampton Roads. Participants include city and county governments, redevelopment and housing authorities, nonprofit housing and emergency shelter providers, mortgage lenders, REALTOR® and builders associations, and a variety of other groups interested in affordable housing issues.

### REMINDER: SATELLITE VOTING LOCATIONS OPEN STARTING OCT. 19

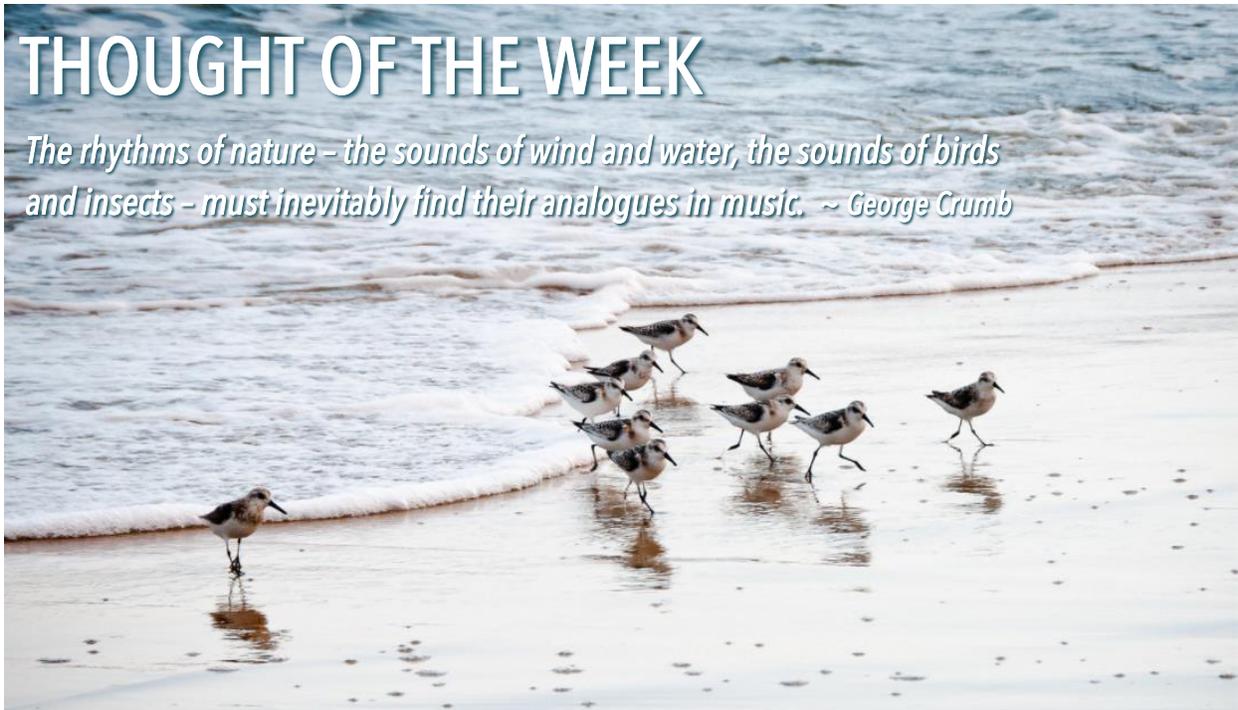
Early in-person voting for the Nov. 3 election is available now at the Voter Registration & Elections office (Municipal Center, Bldg. 14, 2449 Princess Anne Road) and **will end on Saturday, Oct. 31 at 5 p.m.** No appointment is needed. Early in-person voting will be available at these satellite locations from 9 a.m. to 5 p.m., Mondays-Saturdays, starting Oct. 19-31:

- Bayside Recreation Center, 4500 First Court Rd.
- Great Neck Recreation Center, 2521 Shorehaven Dr.
- Seatack Recreation Center, 141 S. Birdneck Rd.
- Kempsville Treasurer's Office, 5340 Fairfield Shopping Center

See the 2020 Early In-Person Voting & Election Schedule at [VBgov.com/voter](http://VBgov.com/voter) for more info.

# THOUGHT OF THE WEEK

*The rhythms of nature – the sounds of wind and water, the sounds of birds and insects – must inevitably find their analogues in music. ~ George Crumb*



## ATTACHMENTS

- ◆ Virginia Beach Television (VBTV) Program Schedule | Oct. 18 through Oct. 24, 2020.



# VIRGINIA BEACH TELEVISION

Cox Cable Channels 46, 47 & 48  
Verizon Cable Channels 46, 47 & 45

## PROGRAM SCHEDULE

**OCTOBER 18 – OCTOBER 24, 2020**

VIRGINIA BEACH TELEVISION provides locally produced and other specialty programming to support the mission of the Virginia Beach Municipal Government and the Virginia Beach City Public School System. Program listings reflect expected airtimes but may be preempted by public meetings, hearings, and special events.

 e-Streaming is available at <https://www.vbgov.com/media> for all **LIVE** public sessions of Virginia Beach City Council and Planning Commission meetings, archives of previous meetings, and original VBTV programming. **LIVE** meetings and previous sessions of the Virginia Beach City School Board can be accessed at <http://www.vbschools.com/schoolboard/archive>.

### PUBLIC MEETINGS

 **VIRGINIA BEACH CITY COUNCIL MEETING (Cox 48 / Verizon 45)** — *Recablecast of the October 13 Special Session: Sun 9am. LIVE: Tue, Special Formal Session 3pm & 6pm. Recablecast: Thu 7pm; Fri 9am.*

 **VIRGINIA BEACH DEVELOPMENT AUTHORITY MEETING (Cox 48 / Verizon 45)** — *Recablecast of the October 20 regular meeting: Thu 9am; Fri 7pm; Sat Noon.*

 **VIRGINIA BEACH CITY SCHOOL BOARD MEETING (Cox 47 / Verizon 47)** — *Recablecast of the October 13 meeting: Mon 2pm; Wed 7pm; Sat 9am.*

 **VIRGINIA BEACH CITY PLANNING COMMISSION MEETING (Cox 47 / Verizon 47)** — *Recablecast of the October 14 meeting: Fri 7pm.*

### VIRGINIA BEACH TELEVISION – COX 48 / VERIZON 45

**A BIOGRAPHY OF AMERICA: WORLD WAR II** — View history as a living narrative rather than a series of irrefutable facts to be memorized. Sun 9pm; Mon 8am & 3pm; Thu 12am; Fri 3pm.

**A PLACE OF OUR OWN: HOW BABIES LEARN PART 2** — Insight and advice for solving issues related to parenting and child rearing. Mon 2:30am, 1:30pm & 11:30pm; Tue & Thu 7:30am; Wed 2:30am, 1:30pm & 8:30pm; Fri 8:30pm; Sat 7:30am, 1:30pm & 11:30pm.

**AEROSPACE ACADEMY: PAPER AIRPLANE DESIGN** — Using paper airplanes, students test center of gravity and center of lift, and use the scientific method to conduct experiments, collect data, and track results to prove or disprove hypotheses. Sun 7:30pm; Mon 6:30am; Tue & Fri 10:30pm; Wed 9:30am; Sat 1:30am & 4:30pm.

**AMERICAN CINEMA: FILM IN THE TELEVISION AGE** — Explore film history and American culture through the eyes of Hollywood insiders. Sun 10:30pm; Mon 9:30am & 4:30pm; Thu 1:30am; Fri 4:30pm.

**ART HISTORY: MANNERISM** — Sun 4:30pm; Tue & Sat 9:30am; Wed 6:30am & 4:30pm.

**ART OF HEALTHY AGING** — Resources to help you stay healthy, active, and engaged. In this episode, get housing information to help keep you safe and secure through life's transitions; tips on discovering your family's history through genealogy; and enjoy a little bit of SALSA to get you up and dancing. Mon 1am, 12pm & 10pm; Tue & Thu 6am; Wed 1am, 12pm & 7pm; Fri 7pm; Sat 6am, 12pm & 10pm.

**ART OF THE WESTERN WORLD: *THE EARLY RENAISSANCE*** — From the restrained classical tradition to energetic and spontaneous modern art, masterpieces of the Western world are interpreted through major paintings. Sun 1pm; Fri 8am; Sat 2pm.

**DISCOVERING PSYCHOLOGY: *THE SELF*** — Explore historic and current theories of human behavior through demonstrations, classic experiments and simulations, current research, documentary footage, and computer animation. Sun 11:30pm; Mon 10:30am & 5:30pm; Thu 2:30am; Fri 5:30pm.

**ECONOMICS U\$A: *PERFECT COMPETITION & INELASTIC DEMAND*** — Explore fundamentals of economic history, theory, and practice. Sun 7am; Tue & Thu 1pm; Fri 2am.

**EXPLORING THE WORLD OF MUSIC: *TRANSMISSION: LEARNING MUSIC*** — Explore basic elements of music and how music is an expression of culture. Sun & Thu 2:30pm; Fri 1:30pm.

**FOCUS NNS** — Explore current events at Newport News Shipbuilding. Mon 1:45am, 12:45pm & 10:45pm; Tue & Thu 6:45am; Wed 1:45am, 12:45pm & 7:45pm; Fri 7:45pm; Sat 6:45am, 12:45pm & 10:45pm.

**GEOGRAPHY IN U.S. HISTORY: *NORTH VS. SOUTH IN THE FOUNDING OF THE UNITED STATES: 1787-1796*** — Explore the interrelated content of history and geography through geographic learning, using perspectives, information, concepts and skills essential to viewing and understanding historical events and developments. Sun & Thu 2pm; Fri 1pm.

**HOW IN THE WORLD** — Hop aboard the Airship Curiosity and travel the globe for adventure and learning. Learn how helicopters fly; how glassblowers shape glass; and Professor Omnibus reveals how to make CO<sub>2</sub> from vinegar and banking soda. Sun 7pm; Mon 6am; Tue 10pm; Wed 9am; Thu 6:30pm; Fri 10pm; Sat 1am & 4pm.

**KENNEDY CENTER PERFORMING ARTS: *TWELVE ANGRY MEN*** — Join members of the cast as they explore the connections between the play's themes and such relevant issues as the influence of personal history and perspective on decision making, the balance between civic responsibility and personal goals, and the power of a persuasive argument. Sun & Tue 12am; Mon & Sat 6pm; Wed 9pm; Thu 8am & 3pm; Fri 5am.

**LEARNING MATH: *WHAT DOES IT MEAN TO MEASURE?*** — Designed for elementary and middle school teachers, and organized according to standards developed by the National Council of Teachers of Mathematics, this series explores topics in measurement, number operations, statistics, geometry, and algebra. Sun 6:30am; Tue & Thu 12:30pm; Fri 1:30am.

**MATH MONSTERS** — Designed for pre-kindergarten children, this animated series provides an amusing and enlightening introduction to mathematical concepts. Sun 4pm; Tue & Sat 9am; Wed 6am & 4pm.

**MEET THE AUTHOR: *JAMES HOWE*** — Sun 5pm; Tue & Sat 10am; Wed 7am & 5pm.

**MOM ALWAYS SAID: *MONEY DOESN'T GROW ON TREES*** — Discussion between real moms with real experiences and real tips on raising a family. Mon 12:30am, 11:30am & 9:30pm; Tue & Thu 5:30am; Wed 12:30am & 6:30pm; Fri 6:30pm; Sat 5:30am, 11:30am & 9:30pm.

**MONEYTRACK: *LESSONS FROM A HIGH SCHOOL SCAM ARTIST*** — Meet an ex-con who found it easy to lure many investors into his get-rich schemes as he practiced Internet "pump and dump" - while just a kid in high school. Mon 2am, 1pm & 11pm; Tue & Thu 7am; Wed 2am, 1pm & 8pm; Fri 8pm; Sat 7am, 1pm & 11pm.

**NEWSWRITING: *BEYOND THE SUMMARY LEAD*** — Explore techniques to become a better writer through traditional and emerging journalistic styles. Mon 12am, 11am & 9pm; Tue 5am; Wed 12am, 11am & 6pm; Thu 5am & 6pm; Fri 6pm; Sat 5am, 11am & 9pm.

**ON THE OTHER HAND** — Learn American Sign Language. Sun 8:30pm; Mon 7:30am; Tue & Fri 11:30pm; Wed 10:30am; Sat 2:30am & 5:30pm.

**READ-ALEE-DEED-ALEE: A BALL IN THE MALL** — An early reading series introducing sounds and rhyming patterns that unlock words and the meaning of words. Sun 3:45pm; Tue & Sat 8:45am; Wed 5:45am & 3:45pm.

**REAL VIRGINIA** — Agricultural news and family-oriented stories presented by the Virginia Farm Bureau. Mon 12:30am, 11:30am & 9:30pm; Tue & Thu 5:30am; Wed 12:30am, 11:30am & 6:30pm; Fri 6:30pm; Sat 5:30am, 11:30am & 9:30pm.

**SEA LEVEL RISE: AQUATIC AND TERRESTRIAL VEGETATION** — Learn about submerged aquatic vegetation in Back Bay and its impact on the Albemarle-Pamlico estuary system. Recorded August 22, 2018 at Tidewater Community College. Sun & Tue 1am; Mon & Sat 7pm; Wed 10pm; Thu 9am & 4pm; Fri 6am.

**SHAMU TV: BIRDS ON THE BRINK** — Witness amazing avian adaptations, learn about conservation efforts around the world, and discover simple actions that can help protect birds in your own backyard. Sun 3pm; Tue & Sat 8am; Wed 5am & 3pm.

**SIGNING TIME: FAMILY, FEELINGS, AND FUN** — An introduction to American Sign Language for children. Sun 5:30pm; Tue & Sat 10:30am; Wed 7:30am & 5:30pm.

**THE MATH DUDE: SOLVING SYSTEMS EQUATIONS LINEAR COMBO** — Middle and high school students can improve their algebra skills with these fast-paced programs devoted to Algebra I as it is taught in the classroom today. Sun 3:30pm; Tue & Sat 8:30am; Wed 5:30am & 3:30pm.

**THE POWER OF PLACE: POPULATION GEOGRAPHY** — Explore the physical, human, political, historical, economic, and cultural factors that affect people and natural environments. Sun 8am; Mon, Tue, Wed & Fri 2pm; Thu 11pm.

**THE WHOLE CHILD CAREGIVER GUIDE: LET'S TALK ABOUT IT** — Sun 5:30am; Tue & Thu 11:30am; Fri 12:30am.

**THE WORLD OF ABNORMAL PSYCHOLOGY: PSYCHOTHERAPIES** — See how people with diagnosed psychological disorders actually behave. Case studies, enriched with commentary from experts, help demystify the biological, psychological, and environmental causes of dysfunctional behavior. Sun 9:30pm; Mon 8:30am & 3:30pm; Thu 12:30am; Fri 3:30pm.

**THE WORLD OF CHEMISTRY: THE PERIODIC TABLE** — Sun 6am; Tue & Thu 12pm; Fri 1am.

**UNSEEN LIFE ON EARTH: MICROBIAL ECOLOGY** — Peer into the microbial world and discover how microorganisms affect everything from medicine to environmental issues to global politics. Dynamic visuals and case studies, including DNA testing and dramatic battles against dangerous viruses, illustrate the work and effects of microorganisms. Sun 5am; Tue & Thu 11am; Fri 12am.

**UNTOLD STORIES FROM AMERICA'S NATIONAL PARKS: MOUNT RUSHMORE: TELLING AMERICA'S STORIES** — A new interpretive program now highlights the stories and cultures of all Americans, including American Indians, imparting a more complex and complete understanding of the national parks and the legacies they protect. Sun 4:15pm; Tue & Sat 9:15am; Wed 6:15am & 4:15pm.

**VIRGINIA BEACH COLD CASE FILES: WHATEVER HAPPENED TO BARBARA JEAN?** — See if you can help solve perplexing disappearances, tragic murders and unsolved crimes from VBPD's cold case files. Sun 6pm; Mon 5am; Tue & Fri 9pm; Wed 8am; Thu 6:30pm; Sat 12am & 3pm.

**VIRGINIA BEACH TELEVISION – COX 47 / VERIZON 47**

**A BIOGRAPHY OF AMERICA** — Wed 3pm.

**A HISTORY OF BLACK ACHIEVEMENT IN AMERICA: DEPRESSION AND WAR** — Explore the contributions of Black Americans to have influenced our culture, enriched our society, and shaped the history of the United States. Mon 10:30pm; Tue & Fri 11:30am & 3:30pm; Thu 11:30am.

**A PLACE OF OUR OWN** — Sun 11:30pm.

**AGAINST ALL ODDS** — Mon 9pm; Fri 2pm; Thu 10am.

**AMERICAN CINEMA** — Wed 4:30pm.

**ART HISTORY: MANNERISM** — Tue & Thu 6am.

**ART HISTORY: MANNERISM** — hu 5:30pm.

**ART OF HEALTHY AGING** — Sun 10pm.

**ART OF THE WESTERN WORLD** — Mon 7pm; Tue 11pm; Wed 2pm; Fri 5pm & 11pm.

**CLASSIC ARTS SHOWCASE** — Enjoy the classic arts by experiencing short video clips of film and music. Sat 12am through 8am, 1:30pm through 6pm, and 8pm through Sun 8pm.

**DISCOVERING PSYCHOLOGY** — Wed 5:30pm.

**ECONOMICS U\$A** — Thu 10pm.

**EMERGENCY PREPAREDNESS: HURRICANE SURVIVAL TEST** — Essentials of preparing yourself and your property for a hurricane. Tue & Thu 7am.

**ETHICS IN AMERICA: PUBLIC TRUST, PRIVATE INTERESTS** — Explore ethical dilemmas in legal, political, corporate, and military arenas through panel discussions with community leaders. Mon 11pm; Tue & Fri 12pm & 4pm; Thu 12pm.

**EXERCISE HORIZONS** — Mon, Wed, Fri 10:30am; Tue & Thu 2:30pm.

**EXPLORING THE WORLD OF MUSIC** — Tue 5:30pm; Wed & Fri 6:30pm; Thu & Sat 7:30pm.

**FIT FOR DUTY: LOW IMPACT AEROBICS** — An exercise program spanning several disciplines, such as kickboxing, Pilates, aerobics, weight training, and more. Produced by The Pentagon Channel. Mon & Wed 12pm; Tue & Thu 8am.

**FOCUS NNS** — Sun 10:30pm.

**FUZION FITNESS** — Mon & Wed 11am; Tue & Thu 3pm; Fri 11am.

**HOMEBOUND EXERCISE** — Mon, Wed, Fri 10am; Tue & Thu 2pm.

**GEOGRAPHY IN U.S. HISTORY** — Tue 5pm; Wed & Fri 6pm; Thu & Sat 7pm.

**HOW IN THE WORLD** — Mon, Wed, & Fri 9:30am; Mon & Sat 6:30pm; Thu 11:30pm.

**HUMAN GEOGRAPHY: GLOBAL FIRMS IN THE INDUSTRIALIZING EAST** — Economic and cultural geography are combined to explore the relationships between humans and their natural environment, and to track the broad social patterns that shape human societies. Mon 10pm; Fri 3pm; Thu 11am.

**JURY ORIENTATION** — A helpful guide for anyone called to jury duty. Sun 8pm; Mon 8am & 8pm; Wed, Fri & Sat 8am.

**LEARNING MATH** — Thu 9:30pm.

**MATH MONSTERS** — Thu 5pm.

**MEET THE AUTHOR: JAMES HOWE** — Thu 6pm.

**MONEYTRACK** — Sun 11pm.

**NATIONAL GALLERY OF ART: DAIMYO** — Explore the paradox of the warrior/aesthete through the daimyo culture of feudal Japan. Tue & Thu 6:30am.

**NEWSWRITING** — Sun 9pm; Mon 7:30am & 6pm; Tue & Thu 1:30pm; Wed 7:30am & 11:30pm; Fri 7:30am; Sat 6pm.

**READ-ALEE-DEED-ALEE** — Thu 4:45pm.

**REAL VIRGINIA** — Sun 9:30pm.

**SHAMU TV** — Thu 4pm.

**SIGNING TIME: FAMILY, FEELINGS, AND FUN** — An introduction to American Sign Language for children. Mon & Wed 12:30pm; Tue 8:30am; Thu 8:30am & 6:30pm.

**TEACHING FOREIGN LANGUAGES: SUBJECTS MATTER** — Learn about the connection between the national standards for foreign language learning and current research in foreign language education. Mon & Wed 11:30am; Tue & Thu 7:30am.

**THE HABITABLE PLANET: ATMOSPHERE** — Explore environmental science through a study of the Earth's natural systems. Mon 9:30pm; Fri 2:30pm; Thu 10:30am.

**THE MATH DUDE** — Thu 4:30pm.

**THE PATH TO ENERGY EFFICIENCY** — For over 20 years, the Virginia Beach Visitors Center has served as a gateway to fun in the sun. Now, the building serves as a visible commitment to a city-wide energy savings initiative. This video follows the process as the building goes through an energy audit. Sun 8:30pm; Mon 8:30am & 8:30pm; Wed, Fri & Sat 8:30am.

**THE POWER OF PLACE** — Tue & Fri 10pm.

**THE WHOLE CHILD CAREGIVER GUIDE** — Thu 8:30pm.

**THE WORLD OF ABNORMAL PSYCHOLOGY** — Wed 3:30pm.

**THE WORLD OF CHEMISTRY: THE PERIODIC TABLE** — Thu 9pm.

**UNSEEN LIFE ON EARTH** — Thu 8pm.

**UNTOLD STORIES FROM AMERICA'S NATIONAL PARKS** — Thu 5:15pm.

**VIRGINIA BEACH TELEVISION – COX 46 / VERIZON 46**

General information about the City of Virginia Beach, plus current events and late-breaking news of interest to local citizens, cablecasts 24 hours a day with audio provided by NOAA Weather radio.

Visit our web site at  
[www.VBgov.com/VBTV](http://www.VBgov.com/VBTV)

For more information regarding VBTV programming please contact the Creative Services Division at 385-1868 or [multimedia@vbgov.com](mailto:multimedia@vbgov.com)