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Independent Living Facilities

Independent Living Facilities are residential living settings for elderly or senior adults that may or may not provide hospitality or supportive services. Under this living arrangement, the senior adult leads an independent lifestyle that requires minimal or no extra assistance. It is generally referred to as elderly housing in the government-subsidized environment. Independent living also includes rental assisted or market rate apartments or cottages where residents usually have complete choice in whether to participate in a facility’s services or programs.

**Independent Living Facilities in Virginia Beach**

**Commons at Princess Anne**  
4924 Princess Anne Road, Virginia Beach, VA 23462  
Phone: 490-7001  
Email: princessanne@artcraftcos.com  
Age: 62+  
Total Units: 186  
Services Provided: Exercise room, beauty salon, library, community room and activities. Washer/dryer in each unit. Emergency call system. Van service available.

**First Colonial Inn**  
845 First Colonial Road, Virginia Beach, VA 23451  
Phone: 428-2884  
Fax: 428-2337  
Age: no age minimum  
Total Units: 163 Independent, 21 Assisted Living.  
Services Provided: Rent includes all meals, laundry and housekeeping 2 times a month, social activities, scheduled transportation, and emergency call system. Wellness center, arts and crafts center, private dining room. Beauty salon and barber shop.
Holland House
721 Chimney Hill Parkway, Virginia Beach, VA 23462

Phone: 498-9225    Website: www.ripheat.com
Fax: 498-1198
Email: holland@cavtel.net
Age: 55+
Total Units: 112

Services Provided: Includes water, sanitation and cable. Courtesy van service on Monday for scheduled doctor’s appointments and Friday for errands and/or shopping; emergency call system; scheduled activities with an activities director on staff, and health checks; secure entry. Laundry room, library, exercise room, beauty salon, and playground for grandchildren.

Jamestown Commons
1025 College Park Blvd., Virginia Beach, VA 23464

Phone: 361-6900    Website: www.Jamestowncommons.vb.com
Fax: 321-0630
Email: leasing@Jamestowncommonsvb.com

Age: 55+ or disabled
Total Units: 264

Services Provided: Fitness room, library. Van for scheduled outings. Security system. Full time Activities Director. Income range is based on how many people occupy the unit; elevators, computer lab, courtyard, and picnic area.

Lynnhaven Cove
5020 Lynnhaven Parkway (at Indian River Rd.), Virginia Beach, VA 23464

Phone: 467-4000    Website: www.SLNusbaum.com
Email: LynnhavenCove@SLNusbaum.net
Age: 62+
Total Units: 116

Services Provided: Washer & dryer, sunroom, full kitchen, extra storage, beauty salon, security system. Full time activities director with organized activities, game room, gym, and beauty salon. Transportation available.
Silver Hill at Great Neck
1537 Mill Dam Road, Virginia Beach, VA 23454

Phone: 481-0055      Website: www.SilverHillapts.com
Fax: 481-3495
Email: SilverHill@signaturemanagementcorp.com
Age: 55+
Total Units: 122

Services Provided: Rent includes water, gas heat and sanitation. Residents pay electric, phone and reduced rate for cable TV. Social activities with transportation provided to scheduled events. Library, arts & crafts, 24 hour computer room. Within walking distance of shopping.

Silver Hill at Thalia
4373 Bonney Road, Virginia Beach, VA 23452

Phone: 431-2290      Website: www.silverhillapts.com      Fax: 222-0771
Email: thalia@signaturemanagementcorp.com
Age: 55+
Total Units: 139

Services Provided: Rent includes heat, water, heat and trash collection. Courtesy van, Library, fitness center, secure entry, scheduled activities, emergency call system.

Sullivan House
2033 General Booth Blvd., Virginia Beach, VA 23454

Phone: 563-9955      Fax: 563-2992
Age: 62+
Total Units: 132

Services Provided: Rent includes all utilities except telephone and cable. Secured entrance, emergency on-call system.
Victoria Place
4629 Shore Drive, Virginia Beach, VA 23455

Phone: 313-2323    Website: www.ripheat.com    Fax: 216-2657
Email: victoria@cavtel.net
Age: 55+
Total Units: 122

Services Provided: Cable, water, van transportation, laundry room, community room, beauty salon. Planned activities and outings. Screened and covered picnic area.

Virginia Beach Community Development Corporation
2400 Potters Road, Virginia Beach, VA 23454

Phone: 463-9516    Website: www.vbcdc.org    Fax: 463-1382
Email: executiveassistant@vbcdc.org
Age: 62+
Total Units: 12 units, primarily 2 bedrooms

Services Provided: Washer & Dryer in each unit; located close to shopping.

Wesleyan Place
5445 Wesleyan Drive, Virginia Beach, VA 23455

Phone: 473-1490    Website: www.ripheat.com    Fax: 473-1492
Email: wesleyanplace@verizon.net
Total Units: 91

Services Provided: Laundry, library, beauty salon, and meeting rooms. Emergency call system, and cable tv.
Subsidized Apartments

Subsidized senior housing apartments are available for those with moderate to extremely low incomes. Eligibility is based on federal programs administered through the Department of Housing and Urban Development. There are tenant selection plans and requirements that must be met. Most subsidized senior apartments have waiting lists ranging from several months to two years. Rent is 30% of adjusted income with an allowance for utilities. Subsidized apartments provide no services for which licensing is required; however, they may have activities and supportive services either provided on site or by volunteer programs.

Subsidized Senior Apartments In Virginia Beach

Luther Manor
350 Malibu Drive, Virginia Beach VA 23452
Phone: 463-3510
Fax: 463-8420

Lynnhaven Landing
352 Fernwood Court, Virginia Beach VA 23454
Phone: 877-817-0216
Fax: 340-9323

Russell House
900 First Colonial Road, Virginia Beach VA 23454
Phone: 481-0770
Fax: 496-0859

Sullivan House
2033 General Booth Blvd., Virginia Beach VA 23454
Phone: 563-9955
Fax: 563-2992
The Sands  
6405 Auburn Drive, Virginia Beach VA  23464  
**Phone:  420-2512,  420-0891**  
Fax: 420-8124

**Wesleyan Place Apartments**  
5445 Wesleyan Drive, Virginia Beach  VA  
**Phone: 473-8575**  
Fax:  473-8902
Assisted Living Facilities

Assisted Living facilities are a special combination of housing, personalized supportive services, and health care designed to meet the needs of those who need help with bathing, eating, grooming, dressing, toileting and other day-to-day activities. Some assisted living facilities accept Medicaid auxiliary grants via the Department of Social Services (DSS).

- **Website:** [www.dss.virginia.gov](http://www.dss.virginia.gov) provides information by location and type of facility, including state inspection results.

**Services provided in Assisted Living residences usually include:**

- Three meals a day served in a common dining area
- Housekeeping services
- Transportation
- Assistance with eating, bathing, dressing, toileting and walking
- Access to health and medical services
- 24-hour security and staff availability
- Emergency call systems for each resident’s unit
- Health promotion and exercise programs
- Medication management
- Personal laundry services
- Social and recreational activities
Assisted Living Facilities in Virginia Beach

**Abundant Care Assisted Living**
5556 Paca Lane, Virginia Beach, VA 23462

Phone: 519-9100  Website: none  Fax: 519-9801

Auxiliary Grants/Number of beds: Yes, 4
Total Units: 8

**Acredale Assisted Living LLC**
1236 Kempsville Road, Virginia Beach, VA 23464

Phone: 416-5575  Website: none  Fax: 416-5575

Auxiliary Grants/Number of beds: No
Total Units: 8

**Assisted Living at Pritchard Road**
206 Pritchard Road, Virginia Beach, VA 23452

Phone: 340-8509  Website: none  Fax: 340-1474

Auxiliary Grants/Number of beds: Yes, 12
Total Units: 12
Age: 55+

**Atria Virginia Beach**
1628 Old Donation Parkway, Virginia Beach, VA 23454

Phone: 496-8001  Website: www.AtriaSeniorliving.com
Fax: 496-7551

Auxiliary Grants/Number of beds: No
Total Units: 119 assisted living apartments
Baylake Retirement and Assisted Living Community
4225 Shore Drive, Virginia Beach, VA 23455

Phone: 460-8868/800-771-2129        Website: www.RUI.net
Fax: 460-9497

Auxiliary Grant/Number of beds: No
Total Units: 72

Brighton Gardens of Virginia Beach
5620 Wesleyan Drive, Virginia Beach, VA 23455

Phone: 499-4800        Website: www.SunriseSeniorLiving.com
Fax: 499-2074

Auxiliary Grant/Number of beds: No
Total Units: 112

ClareBridge
937 Diamond Springs Road, Virginia Beach, VA 23455

Phone: 493-9535        Website: www.BrookdaleLiving.com
Fax: 493-0649

Auxiliary Grant/Number of beds: No
Total Units: 50

First Colonial Inn
845 First Colonial Road, Virginia Beach, VA 23451

Phone: 428-2884        Website: www.KISCOseniorLiving.com
Fax: 428-2337

Auxiliary Grant/Number of beds: No
Total Units: 183
Harbor Way ALU  
1200 Atlantic Shores Drive, Virginia Beach, Virginia 23454  
Phone: 716-2150  Website: www.AtlanticShoresLiving.com  
Fax: 716-2019  
Auxiliary Grant/Number of Beds: No  
Total Units: 54 beds

Hope Haven Adult Home  
3000 North Landing Road, Virginia Beach, VA 23456  
Phone: 427-3809  Website: info@unionmissionministries.org  
Fax: 430-8305  
Auxiliary Grant/Number of beds: Yes  
Total Units: 19

Kings Grant House  
440 North Lynnhaven Rd., Virginia Beach, VA 23452  
Phone: 431-8825  Fax: 431-8926  
Website: www.commonwealthal.com/assisted+living/virginia/virginia+beach/kings+grant+house  
Auxiliary Grant/Number of beds: No  
Total Units: 46

Lynn Shores Chateau  
350 Lynn Shores Drive, Virginia Beach, VA 23452  
Phone: 498-0187  Website: www.goldenliving.com  
Fax: 498-5074  
Auxiliary Grant/Number of beds: Yes  
Total Units: 20
Marian Manor
5345 Marian Lane, Virginia Beach, VA 23462

Phone: 456-5018  Website: www.Marian-Manor.com
Fax: 497-7561

Auxiliary Grant/Number of beds: Yes
Total Units: 120

Our Lady of Perpetual Help
4560 Princess Anne Road, Virginia Beach, VA 23462

Phone: 495-4211  Website: www.OurLadyPerpetualHelp.com
Fax: 495-7366

Auxiliary Grants/Number of beds: Yes
Total Units: 93

Pacifica Senior Living
5417 Wesleyan Drive, Virginia Beach, VA 23455

Phone: 490-6672  Website: www.pacificavirginiabeach.com
Fax: 499-8105

Auxiliary Grants/Number of beds: No
Total Units: 86

Sentara Village
3751 Sentara Way, Virginia Beach, VA 23452

Phone: 306-2800  Website: www.sentara.com
Fax: 306-2752

Auxiliary Grant/Number of beds: Yes/12
Total Units: 90
The Terrace at Beth Sholom Village
1049 College Park Boulevard, Virginia Beach, VA 23464

Phone: 282-2384  
Website: www.Bethsholomvillage.com

Fax: 361-0151

Auxiliary Grant/Number of beds: No
Total Units: 68
Age: 62+

Westminster Canterbury On Chesapeake Bay
3100 Shore Drive, Virginia Beach, VA 23451

Phone: 496-1100  
Website: www.wcbay.com

Fax: 496-1122

Auxiliary Grant/Number of beds: No
Total Units: 95
Nursing Care Facilities

Nursing Care facilities provide 24 hour care for the more acute patients. They also may provide Rehabilitative Care on a short-term basis for patients who intend to return to their own homes following surgery and/or hospital stays.

Long term patients generally rely on assistance for most or all of the activities of daily living. Regular medical supervision and rehabilitation therapy are mandated to be available, and nursing homes are eligible to participate in the Medicaid program. These facilities are State licensed. They are also called Nursing Homes, Convalescent Homes, or Skilled Care Facilities.

Virginia Beach has 12 Nursing Care Centers. Each one is unique and offers a variety of services. Some offer services under Medicare, some under Medicaid and some are private pay only, To understand what each covers you will need to contact the facilities of your choice, and/or contact your local Medicare Office. To find out the parameters of the Medicaid programs for adults contact:

Virginia Beach Department of Human Services
3432 Virginia Beach Blvd.
Virginia Beach, VA 23452

Phone: 437-3200
Nursing Care Facilities in Virginia Beach

Bay Pointe Medical & Rehabilitation Center
1148 First Colonial Road, Virginia Beach, VA 23454

Phone: 481-3321   Website: www.Kindredhealthcare.com
Fax: 481-5276

Medicare & Medicaid: Yes
Total Beds: 60 Nursing Facility Care, 58 Skilled Nursing Care

Bayside Health Care Center
1004 Independence Blvd, Virginia Beach, VA 23455

Phone: 464-4058   Website: none   Fax: 464-4702

Total Beds: 60 beds, all Rehab

Beacon Shores Rehabilitation Center
340 Lynn Shores Drive, Virginia Beach, VA 23452

Phone: 340-6611   Website: none   Fax: 463-4147

Total Beds: 180 beds dually certified

Berger/Goldrich Home at Beth Sholom Village
6401 Auburn Drive, Virginia Beach, VA 23464

Phone: 420-2512   Website: www.Bethsholomvillage.com   Fax: 424-0657

Total Beds: 120 beds dually certified for skilled care or nursing care & rehab
Heritage Hall
5580 Daniel Smith Road, Virginia Beach, VA 23462

Phone: 499-7029   Website: none   Fax: 499-1266
Medicare & Medicaid: Yes   *Contract with Veterans’ Administration
Total Beds: 90

Oakwood Nursing & Rehabilitation Center
5520 Indian River Road, Virginia Beach, VA 23464

Phone: 420-3600   Website: none   Fax: 424-5076
Total Beds: 60

Our Lady of Perpetual Help
4560 Princess Anne Road, Virginia Beach, VA 23462

Phone: 495-4211   Website: www.OurLadyPerpetualHelp.com
Fax: 495-7366
Total Beds: 30

River Pointe Rehabilitation & Health Care
4142 Bonney Road, Virginia Beach, VA 23452

Phone: 340-0620   Website: www.Kindredhealthcare.com
Fax: 340-7037
Total Beds: 140; respite, hospice care and outpatient rehab services available

Seaside Health Center of Atlantic Shores
1200 Atlantic Shores Drive, Virginia Beach, VA 23454

Phone: 716-2060   Website: none   * Not a Medicaid Provider
Fax: 716-2013
Total Beds: 50, long term & rehab
Sentara Nursing Center Virginia Beach
3750 Sentara Way, Virginia Beach, A 23452

Phone: 306-2700 Website: www.Sentara.com
Fax: 306-2705
Total Beds: 120

Sentara Nursing Center Windermere
1604 Old Donation Parkway, Virginia Beach, VA 23454

Phone: 496-3939 Website: none Fax: 481-1589
Total Beds: 61 Long Term Care, 29 Skilled Nursing

Virginia Beach Health Care & Rehabilitation Center
1801 Camelot Drive, Virginia Beach, VA 23454

Phone: 481-3500 Website: none Fax: 481-4860
Total Beds: 240
Continuum of Care Facilities

A “CCRC” is a community that offers several levels of assistance, including independent living, assisted living and nursing home care. It is different from other housing and care facilities for seniors because it usually provides a written agreement or long-term contract between the resident (frequently lasting the term of the resident’s lifetime) and the community which offers a continuum of housing, services and health care system, commonly all on one site.

Atlantic Shores
1200 Atlantic Shores Drive, Virginia Beach, VA 23454

Phone: 716-2000  Website: www.atlanticshores.com  Fax: 716-2019

Total Units: 387 apartments and 168 villas

Services Provided: Cooperative Home Ownership. Housekeeping, maintenance, Club House facilities. Transportation provided for outings or medical appointments. Dining facilities on site.

Westminster Canterbury
3100 Shore Drive, Virginia Beach, VA 23451

Phone: 496-1100  Website: www.wcbay.com  Fax: 496-1122

Total Units: Currently there are 432 independent living apartments, 95 assisted living apartments and 95 skilled nursing beds.

Services Provided: Monthly Fee includes 30 meals per month, cable TV, utilities, phone, weekly maid and linen services. 24 hour security.
Websites for Housing and other Resources
Virginia Easy Access link www.easyaccess.virginia.gov
Virginia Housing Search www.virginiahousingsearch.com
Virginia Department for the Aging www.vda.virginia.gov/nowrongdoor.asp

Senior Day Support in Virginia Beach

M.E. Cox Center
644 North Lynnhaven Road, Virginia Beach, VA 23452
Phone: 340-4388  Website: www.MECoxElderDaycare.org  Fax: 340-1468

Long Term Care & Medicaid: Yes

Services: For older adults who need assistance during the day when families are not available to assist them. These individuals may require daily therapeutic recreational programs, social interaction and nursing monitoring. These individuals may be physically disabled and have some dementia. Support groups are also available.

Sentara Day Care
3751 Sentara Way, Virginia Beach, VA 23452
Phone: 306-2850  Website: www.Sentara.com  Fax: 306-2801

Medicare & Medicaid: No, Private Pay ONLY

Services: Snacks, Hot Lunch, CNAs and RN services. Activities, outings are 4 times per month via bus, provided by Day Care Center. Beautician services on site.

Sentara Senior Community Care
PACE Program
Medicare & Medicaid: Yes, Medicaid, Medicare A, B, and D. Co-pays may apply, determined by Medicare or Medicaid. Private pay is available for those individuals NOT eligible for Medicare or Medicaid

Services: Comprehensive medical and health care services for frail elderly. This includes primary physician care, dietician, rehabilitation, social workers, transportation, homecare services, and medication monitoring.

It is our intention to provide an up-to-date and accurate listing of available resources in Virginia Beach. These housing facilities are neither owned nor operated by the City of Virginia Beach. Inclusion on this list should in no way be considered an endorsement of the organization; nor should exclusion from the list be considered a lack of endorsement.

Please contact the Mayor’s Commission on Aging to add resources or make corrections at 757-385-4581.

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City of Virginia Beach, Virginia
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