

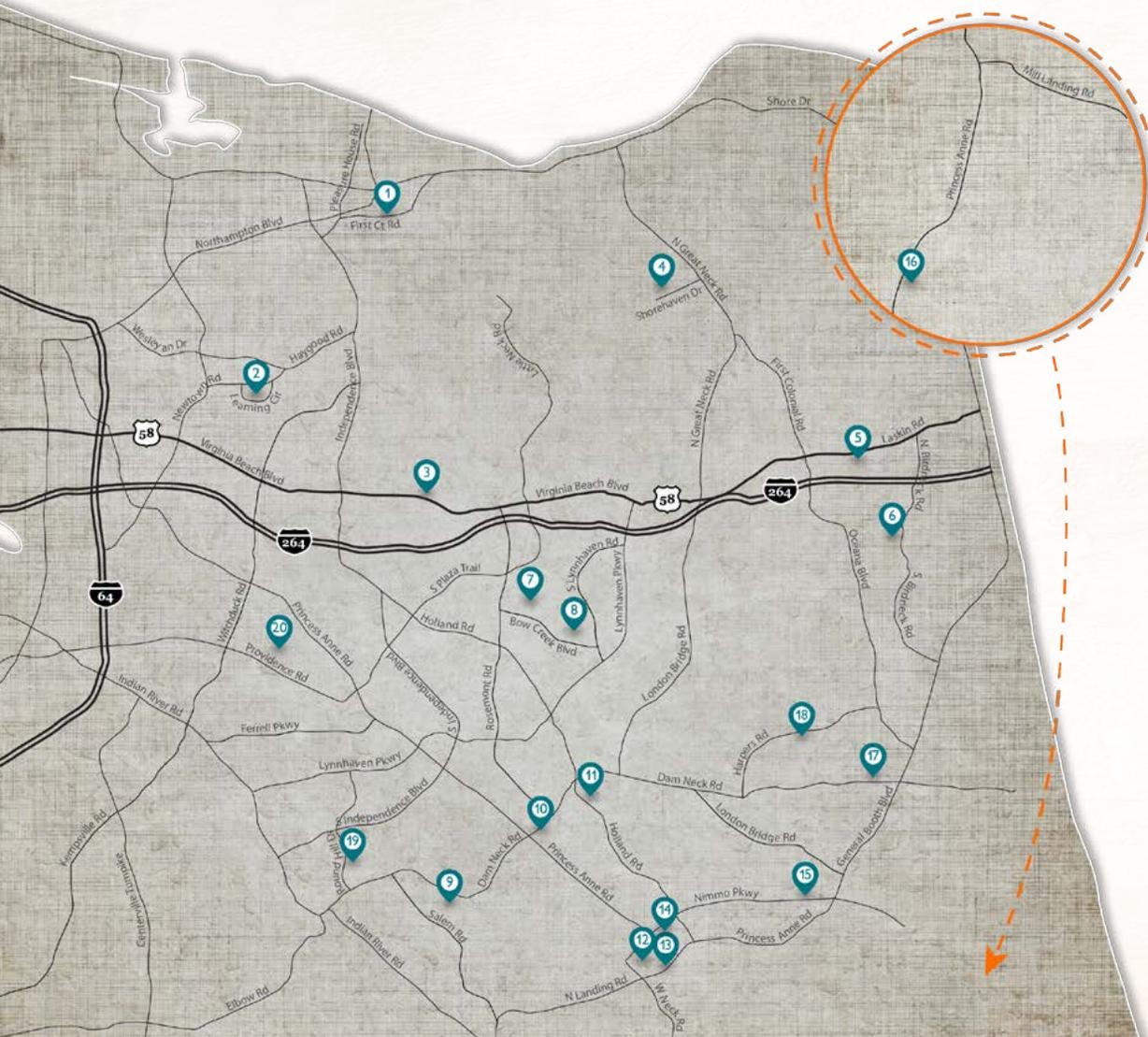


Health Stations

We have Health Stations at convenient locations throughout the City and Schools.

- ❖ Stop by a Health Station and earn points weekly for:
 - Taking your blood pressure
 - Weighing yourself
- ❖ You can also log into your Virgin Pulse account to sync your fitness device, do your daily cards, and track your healthy habits.

- ❖ Access BENEFITFOCUS, our benefits platform
- ❖ Access BEWell support programs and resources



HEALTH STATION LOCATIONS:

- 1 | **Bayside Rec Center**
4500 First Court Road, 23455
- 2 | **Williams Farm Rec Center**
5252 Learning Circle, 23462
- 3 | **Central Library**
4100 Virginia Beach Blvd., 23452
- 4 | **Great Neck Rec Center**
2521 Shorehaven Drive, 23454
- 5 | **Laskin Road Annex**
1413 Laskin Road, 23451
- 6 | **Seatack Rec Center**
141 S. Birdneck Road, 23451
- 7 | **Bow Creek Rec Center**
3427 Club House Road, 23452
- 8 | **Plaza Annex**
641 Carriage Hill Road, 23452
- 9 | **Landscape Services**
4141 Dam Neck Road, 23456
- 10 | **Public Utilities**
3500 Dam Neck Road, 23453
- 11 | **Waste Management**
3024 Holland Road, 23453
- 12 | **School Administration Building**
2512 George Mason Drive, 23456
- 13 | **Building 19**
2416 Courthouse Drive, 23456
- 14 | **Building 30**
2508 Princess Anne Road, 23456
- 15 | **Princess Anne Rec Center**
1400 Nimmo Parkway, 23456
- 16 | **Pungo/Blackwater Library**
916 Princess Anne Road, 23457
- 17 | **Distribution Services**
1568 Corporate Landing Pkwy., 23454
- 18 | **Harpers Bus Garage**
1677 Harpers Road, 23454
- 19 | **Glenwood Bus Garage**
2201 Round Hill Drive, 23464
- 20 | **Kempsville Rec Center**
800 Monmouth Lane, 23464